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NEWS BULLETIN

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MEDICAL CAMPUS



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PROF. Dr. A.K. NATESAN
Hon. Chairman's
MESSAGE

I have often noticed that people forget their quarrels and rivalry with the passage of time. that is something positive and appreciable. but it cannot be applied to the studies you do in various courses. once an interviewer finds out that you have majored in a particular stream, you are sure to get a generic question about that field and you are expected to be specific in your answer, if you want to impress your interviewer. all cannot excel in every field. similarly, you may not be a success in all what you do. mistakes are bound to happen. but here is where your god given memory power should be put to good use. fail in the exam, but learn the lesson. remember that each and every person who has succeeded in life has done it by learning the lesson even after the initial projects were utter failures.

I wish that this year 2024–25 be the best for you by way of having gathered experience from your mistakes, from the truancy of climatic conditions, from unexpected disasters like the pandemic and the heavy target laid on you with limited time to catch up; but with a determination on your forehead that you can and you will make it...

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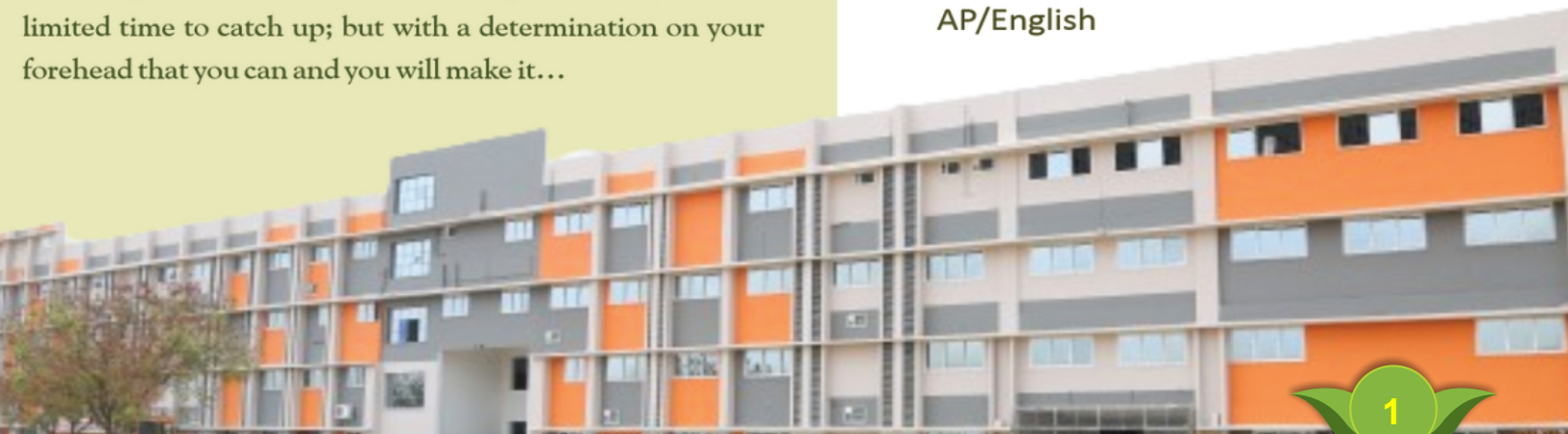
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**MILESTONE
ACHIEVEMENT
IN OZONE THERAPY**

Excel Medical College for Naturopathy and Yoga Hospital, Komarapalayam proudly achieved a significant milestone by successfully treating over 500 patients with Ozone Therapy as of 2nd February 2026. This accomplishment reflects the institution's commitment to holistic healthcare, clinical excellence, and innovative naturopathy-based treatments. The achievement highlights the dedication and teamwork of the medical staff, while also demonstrating the growing effectiveness and acceptance of naturopathy and yoga-based therapeutic approaches in patient care.



SIDDHA

CME PROGRAM - “HANDS-ON TRAINING PROGRAM ON THOKKANAM FOR SPINE & SHOULDER JOINTS”

A Continuing Medical Education (CME) program titled “Hands-on Training Program on Thokkanam for Spine & Shoulder Joints” was successfully conducted on 11th February 2026 at the Ayush Auditorium, Excel Siddha Medical College and Research Centre, Komarapalayam. The session was led by Dr. A. Swaminathan, M.D (Siddha), AMO, Government Hospital, Uthamapalayam, who provided expert guidance and live demonstrations on therapeutic Thokkanam techniques for managing spine and shoulder joint disorders. The program emphasized practical skill development through real-time demonstrations, interactive learning, and hands-on participation. Faculty members, students and interns actively engaged in the session, enhancing their clinical proficiency in musculoskeletal management through Siddha therapeutic approaches. The CME concluded with an interactive discussion, clarifying clinical applications and improving confidence in practice



SIDDHA CME PROGRAMME ON “FIRST AID IN EMERGENCY MEDICINE”

The CME programme on “First Aid in Emergency Medicine” was successfully conducted on 10th February 2026 at the Ayush Auditorium, Medical Campus, organized by Excel Siddha Medical College and Research Centre in association with Excel Nursing College. The programme was formally inaugurated by the Principal Dr. M. Maignanamoorthy MD (s), who highlighted the importance of timely first aid and life-saving skills in emergency care. The CME focused on hands-on training in CPR and Basic Life Support, management of chest pain, hypoglycemia, fractures, choking, shock, seizures, IV fluids, and basic first aid principles. The sessions were handled by experienced nursing faculty and included demonstrations, interactive discussions, and practical exposure. The programme concluded with a post-test and feedback session, and participants appreciated the practical orientation and clinical relevance of the training.



SIDDHA

A CME PROGRAM ON SIDDHA ENTREPRENEURSHIP

A CME program on “Siddha Entrepreneurship” was conducted on 12.02.2026 at the Ayush Auditorium, Excel Siddha Medical College & Research Centre, Komarapalayam. The session was delivered by Dr. Sivakumar Logaiyan, Chief Executive, Dr. Siva Ayush, who shared practical insights on business opportunities, product development, licensing, and marketing in the Siddha and AYUSH sector. The program was highly interactive and benefited students and faculty members by encouraging entrepreneurial initiatives in Siddha practice.



NATUROPATHY & YOGA GREEN POWER FOR HEALTH – CANCER AWARENESS PROGRAM

On 5th February 2026, organized a Cancer Awareness initiative highlighting the importance of natural preventive healthcare. As part of the program, wheatgrass juice, known for its rich antioxidant content and potential health benefits, was distributed to promote awareness about healthy lifestyle practices and natural support for overall well-being. The initiative encouraged the community to adopt nutritious and natural dietary habits as part of cancer awareness and preventive health care.



NATUROPATHY & YOGA FREE MEDICAL CAMP AT RASIPURAM

A Free Medical Camp was organized at Rasipuram on 10th February 2026 by Excel Medical College for Naturopathy, Yoga and Hospital as part of its community outreach initiatives. The camp was conducted under the supervision of Dr. Raja Salomon and Dr. Yuvaraj, with the active support of interns Mr. Sri Kamesh, Mr. Devarayan, Mr. Gopinath, Ms. Mohana, and Ms. Hemavathy. A total of 63 patients were consulted during the camp. The services provided included vital health check-ups, massage therapy, yoga therapy, acupressure, IRR treatment, diet consultation, and eye exercises. The camp effectively promoted naturopathy-based preventive healthcare and created awareness about the hospital's treatment facilities.



NATUROPATHY & YOGA FREE MEDICAL CAMP AT MUNIYAPPAN KOVIL VAO OFFICE

A Free Medical Camp was conducted at the Muniyappan Kovil VAO Office on 11th February 2026 as part of its community outreach activities. The camp was supervised by Dr. Logasudhan S, with the support of interns Mr. Dhilipraja M, Ms. Mahalakshmi R, and Ms. Archana Lakshmi J. A total of 47 beneficiaries availed the services, of which 15 individuals expressed interest in OP follow-up care. The camp provided free vital health check-ups, yoga therapy, acupressure, diet consultation, and counselling therapy, along with pamphlet distribution and awareness about the hospital and its treatment facilities, promoting naturopathy-based preventive healthcare within the community.



**COMMUNITY HEALTH
OUTREACH AT
PALAKAPALAYAM**

As part of its continued commitment to community wellness, Excel Medical College for Naturopathy and Yoga and Hospital conducted two Free Medical Camps at Palakapalayam on 13th February 2026 and 20th February 2026. Both camps were led by Dr. Yuvaraj with the support of interns. The first camp on 13th February was assisted by Mr. Udhaya Pandi, Ms. Thejassrini, and Ms. Nisha, benefiting 25 villagers, while the second camp on 20th February was supported by Mr. Gopinath, Mr. Hariharan, and Ms. Mahalakshmi, serving 20 beneficiaries. The services provided during the camps included free vital health check-ups, diet consultation, and pranayama sessions, along with awareness about the hospital and its inpatient treatment facilities. These outreach initiatives promoted naturopathy-based preventive healthcare and encouraged the local community to adopt healthy lifestyle practices.



**EXCEL FIT INDIA RUN –
PROMOTING
HEALTH AND FITNESS**

The Excel Fit India Run – Excel Marathon was organized with the inspiring theme “Run Healthy, Run Strong, Run with Excel” to promote physical fitness and a healthy lifestyle. The event was conducted on 15th Feb, 2026 with the support of Erode Round Table – 98, Erode Ladies Circle – 78, and the Rotary Club of Komarapalayam. More than 60 students from various batches of Excel Medical College for Naturopathy and Yoga actively participated in the run, demonstrating their enthusiasm for fitness and well-being. The marathon successfully encouraged participants to embrace regular physical activity and highlighted the importance of maintaining a healthy lifestyle.



STATE LEVEL MARTIAL ARTS ACHIEVEMENT

Ms. Vaishnavi, a 2024 batch student of Excel Medical College for Naturopathy and Yoga, Komarapalayam, secured 1st Prize at the State Level Martial Arts Tournament organized by The Legends Martial Arts Association. The competition was held at Mohammad Sadhik College, Chennai, on 15th February 2026. Her outstanding performance and dedication brought pride to the institution, reflecting the spirit of discipline, strength, and determination among the students.



NATUROPATHY & YOGA HOLISTIC HEALTH CAMP AT KALVADANGAM ANGALAMMAN TEMPLE

A Combined Free Medical Camp was organized at Kalvadangam Angalamman Temple on 16th February 2026 by Excel Medical College for Naturopathy, Yoga and Hospital to promote community health and awareness about naturopathy. The camp was conducted under the guidance of Dr. Mahalakshmi, with the assistance of interns Ms. Sangeetha, Ms. Manisha, and Mr. Arun Prashanth. A total of 70 people benefited from the camp. The services provided included free vital health check-ups, diet consultation, counselling therapy, and pamphlet distribution, along with awareness sessions explaining the hospital's treatments and facilities, encouraging the public to adopt natural and preventive healthcare practices.



NATUROPATHY & YOGA WHITE COAT CEREMONY FOR 8th BATCH BNYS STUDENTS

Excel Medical College for Naturopathy and Yoga & Hospital, Komarapalayam proudly conducted the White Coat Ceremony for the 8th Batch of BNYS students on 17th February 2026, marking an important milestone in the students' journey into the noble field of natural healing. The ceremony was graced by Prof. Kaviyarasi Mathan Karthick, Director of Excel Public School, Komarapalayam, who attended the event as the Chief Guest and inspired the students with her encouraging words and guidance. The occasion symbolized the students' commitment to the principles of naturopathy and yoga, welcoming them into the professional path of compassionate healthcare and holistic healing.



NATUROPATHY & YOGA ACHIEVEMENTS AT EXCELENCIA 2K26 – STATE LEVEL INTER-COLLEGIATE MEET

Students of Excel Medical College for Naturopathy and Yoga, Komarapalayam brought laurels to the college by winning prizes at Excelencia 2K26, a State Level Inter-Collegiate Meet organized by the Fine Arts Club of Excel College for Commerce and Science on 18th February 2026. Alexin Swarna from 2022 batch secured 1st Prize in Face Painting, while 2023 batch students Ms. Alaghu Lakshme Muthuraman won 2nd Prize in Solo Singing, and Shangini Dhana Sree achieved 2nd Prize in Solo Dance. In addition to these achievements, Mr Mefrin and Ms Karthika from 2023 batch participated in solo singing and the Fashion Parade team – “Runway Rebels”, led by Ms. Bushpintha and Ms. Priya from the 2023 batch, also participated in the event and showcased their creativity, confidence, and teamwork through an impressive ramp walk performance. Their enthusiastic participation and accomplishments highlighted the diverse talents of the students and brought pride to the institution.



NATUROPATHY & YOGA HOLISTIC HEALTH OUTREACH AT PULLIPALAYAM

On 22nd February 2026, Excel Medical College for Naturopathy, Yoga and Hospital organized a Free Medical Camp at Pullipalayam, Sankagiri. The camp, supervised by Dr. Yuvaraj with the support of intern Mr. Dhillip Raj, served 67 beneficiaries. The services included vital health assessments, diet consultation, and awareness on naturopathy treatments available at the hospital, helping spread knowledge about preventive and holistic healthcare.



NATUROPATHY & YOGA FREE MEDICAL CAMP AT CHINNATHAMBIPALAYAM, TIRUCHENGODE

A Free Medical Camp was conducted at Chinnathambipalayam, Tiruchengode on 22nd February 2026 by Excel Medical College for Naturopathy, Yoga and Hospital as part of its community outreach initiative. The camp was supervised by Dr. Boopathi, with the support of interns Mr. Gopinath, Ms. Sangeetha, Ms. Manisha, and Ms. Mohana. A total of 48 beneficiaries availed the services provided during the camp. The activities included free vital health check-ups, diet consultation, acupressure therapy, and pranayama sessions. The team also created awareness about the hospital and its naturopathy-based treatment facilities, encouraging the community to adopt a healthy lifestyle through natural healing practices.



NATUROPATHY & YOGA

FREE MEDICAL CAMP AT VAO OFFICE

A Free Medical Camp was conducted at the VAO Office, Muniyappankovil on 25th February 2026 by Excel Medical College for Naturopathy, Yoga and Hospital as part of its community outreach initiative. The camp was supervised by Dr. Raja Salomon, with the support of internees Mr. Arun and Ms. Kanishma. A total of 17 beneficiaries availed the services during the camp. The activities included free consultation, vital health check-ups, reflexology, yoga pranayama, mudras, and acupressure therapy. In addition, pamphlets were distributed and health data were collected, while awareness was also created about naturopathy and the hospital's treatment facilities.



BLOOD DONATION CAMP AT EXCEL GROUP INSTITUTIONS

A Blood Donation Camp was organized on 25th February 2026 at the Medical College Library by Excel College for Commerce and Science (ECCS). The camp was conducted by the Blood Donors Club, Excel Group Institutions in association with Erode Round Table, Erode Ladies Circle 78, the Rotary Club of Komarapalayam, and Salem Blood Bank, Salem. The event was grandly inaugurated, marking the beginning of the noble initiative to promote voluntary blood donation. Students and staff actively participated in the camp, and 15 students from various batches of Excel Medical College for Naturopathy and Yoga generously donated blood, demonstrating their commitment to social responsibility and humanitarian service. The camp successfully created awareness about the importance of voluntary blood donation in saving lives.



NATUROPATHY & YOGA HEALTH TALK ON STRESS MANAGEMENT FOR HEADMASTERS

Dr. R. Malathi, Principal of Excel Medical College for Naturopathy and Yoga, Komarapalayam, was invited as the Chief Guest to deliver a Health Talk on Stress Management at Green Park School for over 300 Headmasters from Namakkal District on 26th Feb, 2026. The session focused on holistic approaches to stress management, mental well-being, and healthy lifestyle practices, emphasizing the importance of maintaining physical and psychological balance in the educational profession. The insightful talk was well received by the participants, inspiring educators to adopt healthier strategies for managing stress and promoting well-being within the academic community.



NATUROPATHY & YOGA EXCEL BNYS STUDENTS WIN KABADDI LEAGUE CHAMPIONSHIP

Students of Excel Medical College for Naturopathy and Yoga, Komarapalayam secured the Top Spot in the Kabaddi League for Medical Students, organized by Vikings Boys (2021 batch) at the Excel College Turf. The league was held from 23rd to 26th February 2026, where the team displayed exceptional strength, coordination, and teamwork throughout the matches. The remarkable victory reflects the students' determination, energy, and sporting spirit, bringing pride to the institution. The management and Principal, Dr. R. Malathi, congratulated and appreciated the team for their outstanding achievement and dedication.



HOMOEOPATHY

WORLD CANCER DAY

On February 5'2026, the Department of Community Medicine, Excel Homoeopathy Medical College, organized a free medical camp at Vattamalai in observance of World Cancer Day. A total of 60 patients were benefited during the camp. The camp focused on offering free consultations and counselling to the participants.



HOMOEOPATHY NATIONAL DEWORMING DAY

On February 10'2026, The Department of community medicine, Excel Homoeopathy Medical College, organized a free awareness camp and screening at Pallakapalayam on National Deworming Day. A Total 125 students were Screened. The camp focused to create awareness and health education in school children.



HOMOEOPATHY CHILDREN'S MENTAL HEALTH AWARENESS WEEK

On February 16, 2026, the Department of Community Medicine conducted Children's Mental Health Week (February 9-15, 2026) by organizing a mental health awareness program for students in Grades 8 and 9 and offering exam preparation advice to Grade 10 students at Excel Public School in Pallakapalayam. Dr. Balaraghunathan co-ordinated the program, which was carried out by interns.



HOMOEOPATHY WORLD CONGENITAL HEART DEFECT AWARENESS DAY

On February 16, 2026, the Department of Community Medicine conducted Children's Mental Health Week (February 9–15, 2026) by organizing a mental health awareness program for students in Grades 8 and 9 and offering exam preparation advice to Grade 10 students at Excel Public School in Pallakapalayam. Dr. Balaraghunathan co-ordinated the program, which was carried out by interns.



HOMOEOPATHY

WORLD ENCEPHALITIS DAY

On February 22' 2026, the department of community medicine, Excel Homoeopathy Medical College, organized a free medical camp at PALLIPALAYAM observance of world encephalitis day. A total of 44 patients were benefited during the camp. The camp focused on offering free consultations and counseling to the participants.



PHARMACY

WORKSHOP ON “AI POWERED DRUG DESIGN: FROM TARGET IDENTIFICATION TO LEAD OPTIMIZATION”

A One Day Workshop on “AI Powered Drug Design: From Target Identification to Lead Optimization” was organized by the Publication and Creative Writing Club on 24.02.2026. The workshop covered AI applications in drug discovery, target identification, lead optimization, and ADMET prediction. The event included interactive discussions, Q&A sessions, and participant feedback. Overall, it enhanced participants’ knowledge in AI-based drug design and modern pharmaceutical research.



PHARMACY

POOLED CAMPUS DRIVE

A Pooled Campus Drive was conducted at Excel Mini Auditorium by Mylan Laboratories on 20.02.2026. A total of 170 students from IV B.Pharm participated in the drive. The recruitment process provided students an opportunity to explore career prospects in the Pharmaceutical industry.



PHARMACY ORIENTATION PROGRAMME ON MEDICAL CODING

The Orientation Program on Medical Coding was conducted at Excel Mini Auditorium. A total of 190 students from IV B.Pharm and IV Pharm.D participated in the program. The session provided insights into medical coding, career opportunities, and industry requirements. The Chief Guest of the program was Mr.Selvaraj Suthakar, CSR Program Leader – Education Sector, Expert in Program Management & Strategizing, and Networking Specialist.



PHARMACY

CAMPUS DRIVE

A campus drive was conducted by the Omega Healthcare Ltd, at Excel Mini Auditorium on 11.02.2026. A total of 69 students from IV B.Pharm participated in the drive. The recruitment process provided opportunities for students in the healthcare sector. Overall, the drive enhanced students' career opportunities and professional exposure.



PHARMACY... THREE DAYS NATIONAL LEVEL CONFERENCE

A Three Days National Level Conference on Patient-Centered Care, Ethical Research, Drug Discovery, Pharmacovigilance & Holistic Healthcare was organized by the Department of Pharmacy Practice from 04.02.2026 to 06.02.2026. The programme included 11 scientific sessions with a participation of more than 850 students, industry professionals, researchers and varied persons of the profession. Expert talks were delivered by eminent professors, clinical pharmacists, and industry experts. The event included scientific lectures, interactive discussions, poster presentations, and recognition of best poster and department-wise awards. The conference was sponsored by The Tamil Nadu Dr. MGR Medical university and awarded 30 credit points.



PHARMACY... ONE DAY NATIONAL LEVEL WORKSHOP

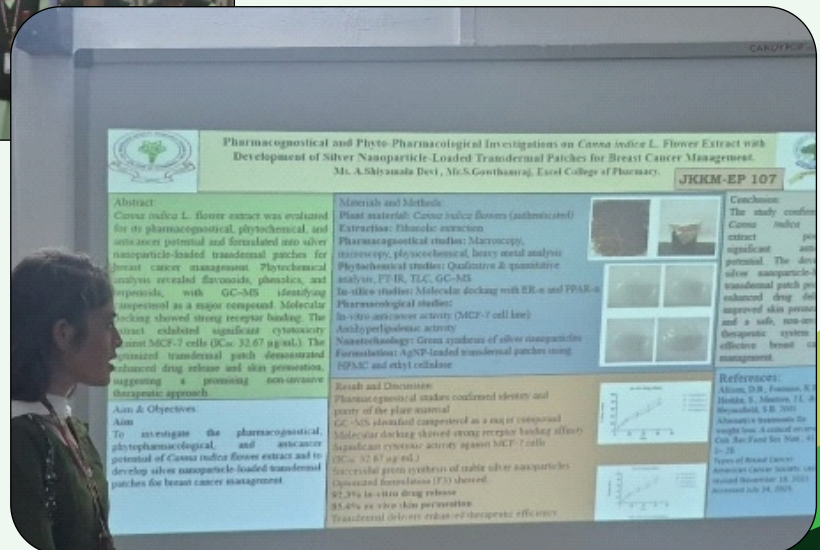
A One Day National Level Workshop on “Quality by Design and Design of Experiments (DoE) in Pharmaceutical Product Development” was conducted at SSM College of Pharmacy on 06.02.2026. 16 IV B.Pharm students participated in the workshop. The session focused on QbD principles and DoE applications in pharmaceutical development. Students were appreciated for their participation with certificates.



PHARMACY

ONE DAY NATIONAL SEMINAR

A One Day National Seminar on “Exploring Innovative Approaches in Green Chemistry for Sustainable Phytopharmaceutical Development” was conducted by Annai JKK Sampoorani Ammal College of Pharmacy. 14 students from IV B.Pharm actively participated in the seminar and presented their research works. The session focused on innovative green chemistry approaches and their applications in sustainable phytopharmaceutical development.



NURSING WORLD DEWORMING DAY – 2026

On behalf of Community Health Nursing department. We celebrated World Deworming day on 10th February, 2026 at Kallankattuvalasu Middle School, Komarapalayam. VII Semester students has organized the programme. They have played a Role play regarding causes, sources, Science & Symptoms, prevention and treatment of worm infestation and distributed the deworming tablets (T.ALBENDAYOLE) to all students. The programme was lead by Dr.T.JAYADEEPA principal, Excel Nursing College. Around 150 Students has watched the role play & got benefitted.



NURSING

INTERNATIONAL EPILEPSY DAY

The International Epilepsy Day Program was organized on 11th Feb 2026 in collaboration with Sem-5 (III Yr B.Sc Nursing) at Lecture Hall in Excel Nursing College. The program commenced with a Welcome address delivered by Ms. Priya.P., B.Sc Nursing III Yr (Sem V) Student. The event was graced by Prof. Dr. T. Jayadeepa, M.Sc(N), Ph.D(N), Principal, Excel Nursing College who delivered a special address emphasizing the First aid awareness of Epilepsy patients in Public and Community Areas. This was followed by a Skit and health education sessions. The event concluded with a Vote of thanks proposed by Mr. Enbarajan K.M (Sem V) Student. The Program was successfully carried out with active participation and positive feedback from the attendees.



NURSING

WORLD CANCER DAY PROGRAM

The World Cancer Day programme was conducted by Department of Medical Surgical Nursing on 14.02.2026. The Programme was started at 12 pm with the welcome address delivered by Mrs.G.Vinotha , Associate Professor, Excel Nursing College. The Program was conducted based on theme “UNITED BY UNIQUE”. The Special Chief Guest was Dr.J.SUGASHWARAN MBBS,MD(R.T) FIPM,DNB(RT),ECMO,FRCC, Sudha Cancer Centre Hospital, Erode. He gave speech on causes, Types, Transmission, preventions and management of cancer.In this programme III sem B.Sc Nursing and II year DGNM Nursing students have benefited. This programme was successful completed at 1.30 pm.



PHYSIOTHERAPY MASTER HEALTH CHECKUP

On January 29, 2026 to February 1, 2026 A successful master health checkup hosted by Excel multi speciality hospital at Excel campus. Total benefited patients 81. We were overwhelmed by the incredible response and generosity from the local community especially the many students who came forward to serve the public.

Your enthusiastic participation made this event a resounding success. Your selfless act of kindness and community spirit is truly commendable and serves as an inspiration to us all. We would like to extend our sincere gratitude to every student who rolled up their sleeves for this.



PHYSIOTHERAPY MARATHON

On February 15, 2026 A successful Fit India Run marathon first time conducted at komarapalyam namakkal DT by excel group institution. We excel of physiotherapy and research centre komarapalyam worked as physio partners for provides physiotherapy for runners and create health awareness to public. Total more than 4000 volunteers participated. 5km marathon conduted for kids and 10km marathon conduted for adult. The community and volunteers got enthusiastic. A massive thank to 4000 volunteers kept the course safe and cheered and loudest. Emphasize the community, volunteers and sponsors who made the event possible.



PHYSIOTHERAPY MEDICAL CAMP

On February 16, 2026 A successful medical camp-Maha sivarathiri chariot function conducted at kalvadangam.We were overwhelmed by the incredible response and generosity from the local community especially the many students who came forward to serve the public. Your enthusiastic participation made this event a resounding success. Your selfless act of kindness and community spirit is truly commendable and serves as an inspiration to us all.We would like to extend our sincere gratitude to every student who rolled up their sleeves for this.



PHYSIOTHERAPY MEDICAL CAMP

On February 22, 2026 A successful medical camp hosted at chinna thambipalayam and pullipalayam. Total benefited patients 120. We were overwhelmed by the incredible response and generosity from the local community especially the many students who came forward to serve the public. Your enthusiastic participation made this event a resounding success. Your selfless act of kindness and community spirit is truly commendable and serves as an inspiration to us all. We would like to extend our sincere gratitude to every student who rolled up their sleeves for this.





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1084
Internship

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MEDICAL CAMPUS

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