

ExcelTM

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PROF. Dr. A.K. NATESAN
Hon. Chairman's
MESSAGE

I have often noticed that people forget their quarrels and rivalry with the passage of time. that is something positive and appreciable, but it cannot be applied to the studies you do in various courses. once an interviewer finds out that you have majored in a particular stream, you are sure to get a generic question about that field and you are expected to be specific in your answer, if you want to impress your interviewer. all cannot excel in every field. similarly, you may not be a success in all what you do. mistakes are bound to happen. but here is where your god given memory power should be put to good use. fail in the exam, but learn the lesson. remember that each and every person who has succeeded in life has done it by learning the lesson even after the initial projects were utter failures.

I wish that this year 2024–25 be the best for you by way of having gathered experience from your mistakes, from the truancy of climatic conditions, from unexpected disasters like the pandemic and the heavy target laid on you with limited time to catch up; but with a determination on your forehead that you can and you will make it...

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NATUROPATHY & YOGA

THIRUVONAM – ONAM CELEBRATION 2025



The Onam Celebration was held at the Prayer Arena, EMCNY, on 3rd September 2025, marking the festival of Thiruvonam with cultural fervor and joy. Faculty members, staff, and students participated in traditional rituals, festive games, and cultural programs, creating a vibrant and harmonious atmosphere. The celebration promoted cultural awareness, unity, and community spirit within the institution, reflecting the significance of tradition and togetherness.



NATUROPATHY & YOGA

FREE MEDICAL CAMP AT ECCS



A Free Medical Camp was organized at Excel College of Commerce and Science (ECCS), under the Excel Group of Institutions (EGI), on 1st September 2025. The initiative aimed to promote preventive and promotive healthcare within the community. The camp was efficiently coordinated by Dr. Raja Salomon and Dr. Yuvaraj, offering services such as free medical consultations, vital health check-ups, and the distribution of educational pamphlets on naturopathy and healthy lifestyle practices. Additionally, community health data was collected to better understand local health needs. The camp benefited over 70 participants, marking it as a successful outreach program that contributed to holistic wellness and lifestyle awareness.



NATUROPATHY & YOGA

FREE MEDICAL CAMP AT ERODE



A Free Medical Camp was organized on 4th September 2025 at Thanneer Pandhal Palayam, Erode, with the objective of promoting preventive and holistic healthcare among the community. The camp provided free medical consultations, vital health check-ups, and educational pamphlets on naturopathy and healthy lifestyle practices. Additionally, community health data was collected to evaluate local health needs. The camp was effectively managed by Dr. Yuvaraj N along with a team of interns, and it successfully served over 100 beneficiaries, making it a commendable outreach initiative toward fostering holistic wellness and lifestyle awareness.



NATUROPATHY & YOGA

FREE MEDICAL CAMP AT KADECHENALLUR



A Free Medical Camp was organized on 4th September 2025 at Thanneer Pandhal Palayam, Erode, with the objective of promoting preventive and holistic healthcare among the community. The camp provided free medical consultations, vital health check-ups, and educational pamphlets on naturopathy and healthy lifestyle practices. Additionally, community health data was collected to evaluate local health needs. The camp was effectively managed by Dr. Yuvaraj N along with a team of interns, and it successfully served over 100 beneficiaries, making it a commendable outreach initiative toward fostering holistic wellness and lifestyle awareness.



NATUROPATHY & YOGA

FREE MEDICAL CAMP AT ECCS



A Free Medical Camp was organized at Excel College of Commerce and Science (ECCS), under the Excel Group of Institutions (EGI), on 8th September 2025. The initiative aimed to promote preventive and promotive healthcare within the community. The camp was efficiently managed by Dr. Raja Salomon and Dr. Yuvaraj, along with a team of interns. Services offered included free medical consultations, vital health check-ups, and the distribution of educational pamphlets on naturopathy and healthy lifestyle practices. Additionally, community health data was collected to assess local health needs. The camp benefited over 20 participants, marking it as a meaningful outreach program in advancing holistic wellness and lifestyle awareness.



NATUROPATHY & YOGA

2 DAYS FREE MEDICAL CAMP FOR PARENTS



A Two-Day Free Medical Camp was organized for parents during the admission and class commencement at the APJ Abdul Kalam Auditorium, Excel Group of Institutions (EGI), on 10th and 11th September 2025. The camp aimed to promote preventive and promotive healthcare among the community. It was efficiently coordinated by Dr. Raja Salomon and Dr. Yuvaraj, along with a team of interns. The services included free medical consultations, vital health check-ups, and the distribution of educational pamphlets on naturopathy and healthy lifestyle practices, along with data collection to assess community health needs. A special address was delivered by Dr. Malathi, Principal, who spoke about the institution's vision, parenting, and stress management. The camp successfully served over 100 beneficiaries, marking it as a valuable outreach initiative in promoting holistic wellness and lifestyle awareness.



NATUROPATHY & YOGA

FREE MEDICAL CAMP AT RASIPURAM



A Free Naturopathy and Yoga Medical Camp were successfully organized at Kasi Vinayagar Siddha Medical Centre, Rasipuram, on 15th September 2025. The camp offered comprehensive health screenings, vital check-ups, and personalized yoga and diet counselling to promote holistic wellness and natural healing. The initiative was led by Dr. Yuvaraj, supported by a team of dedicated interns, and aimed to enhance community health by integrating the principles of Naturopathy, Yoga, and Siddha for overall well-being. The camp benefited over 25 participants, marking it as a meaningful effort toward spreading awareness on natural and preventive healthcare practices



NATUROPATHY & YOGA

COMBINED FREE MEDICAL CAMP AT PERUMAL TEMPLE



A Free Naturopathy and Yoga Medical Camp were successfully organized in collaboration with the AYUSH team at Perumal Temple, Orukkamalai, Salem, on 20th September 2025. The camp offered comprehensive health screenings, vital check-ups, and personalized yoga and diet counselling, benefiting over 200 participants. The initiative aimed to promote holistic wellness and natural healing through the integration of Naturopathy, Yoga, and other AYUSH systems. The camp was led by Dr. Raja Salomon along with a team of dedicated interns, marking a significant effort toward advancing community health and awareness of traditional healthcare practices.



NATUROPATHY & YOGA

FDP - FACULTY DEVELOPMENT PROGRAM



A Faculty Development Program (FDP) was conducted at the AYUSH Auditorium, Medical Campus, EGI on 20th September 2025. The program aimed to enhance teaching methodologies, academic leadership, and research orientation among faculty members. It served as a platform for knowledge sharing and professional growth, encouraging educators to integrate innovative and holistic approaches in teaching and learning. The session provided valuable insights into academic excellence, effective classroom management, and continuous professional development, contributing to the overall advancement of faculty competency within the institution.



NATUROPATHY & YOGA

AYUDHA POOJA CELEBRATION



The Ayudha Pooja Celebration was observed at the Principal's Room on 26th September 2025 with great devotion and enthusiasm. The event was organized to honor and express gratitude for the tools and instruments that support daily academic and professional activities. Faculty members, staff, and students actively participated in the rituals, creating an atmosphere of positivity and togetherness. The celebration symbolized prosperity, dedication, and harmony, reflecting the institution's commitment to cultural values and collective well-being.



SIDDHA MEDICAL COLLEGE & RESEARCH CENTRE

NATIONAL NUTRITIONAL WEEK 2025



Fireless Siddha Traditional Millets & Sprouts Recipes Cooking Competition for National Nutritional week 2025

As part of National Nutritional week 2025 celebrations, our students participated in a Fireless Siddha Traditional Millets & Sprouts Recipes Cooking Competition to promote healthy eating and creativity. The event aimed to encourage students to prepare nutritious dishes without using fire, highlighting the importance of balanced diets and safe cooking methods.

This programme was conducted under the guidance of our respected College Principal Prof. Dr. M. Maignananoorthy, MD(S),

Students enthusiastically prepared a variety of delicious and healthy recipes such as fruit salads, vegetable sandwiches, sprouts chat, and smoothies. The activity helped them learn about the nutritional value of fresh ingredients and the joy of preparing food safely and responsibly.

It was a fun-filled and educational experience that inspired everyone to make healthy choices every day.



SIDDHA MEDICAL COLLEGE & RESEARCH CENTRE

WORLD ROSE DAY SEMINAR



World Rose Day is observed every year on September 22nd to honour the life and legacy of Melinda Rose, a brave 12-year-old who battled terminal cancer with unwavering courage and positivity. Her story continues to inspire millions, reminding us of the strength and hope that can flourish even in the face of life's greatest challenges.

Our Excel Siddha Medical College and Research Centre, celebrated World Rose Day on September 22, 2025, to spread awareness about cancer and extend emotional support to patients. The seminar, held in memory of Melinda Rose, highlighted the importance of compassion and positivity in healing.

This programme was conducted under the guidance of our respected College Principal Prof. Dr. M. Maignananoorthy, MD(S), Dr. A. Rajarajeswari MD (s)., Professor, Department of Aruvai Maruthuvam delivered an inspiring talk on "Empathy in Cancer Care."

This Seminar Raising awareness about cancer, Promoting early detection and prevention and Expressing solidarity and compassion toward cancer patients and their families

World Rose Day is more than a date on the calendar—it is a movement of love and hope. It underscores the importance of emotional support in cancer care and inspires us to stand by those facing this difficult journey.

SIDDHA MEDICAL COLLEGE & RESEARCH CENTRE

NATIONAL VOLUNTARY BLOOD DONATION DAY (NVBDD) SEMINAR



On the occasion of National Blood Donation Day, observed on October 1st, a seminar was organized at Our Excel Siddha Medical College and Research Centre to promote awareness about the importance of voluntary blood donation on 22.09.2025. The event echoed the national theme “Give Blood, Give Hope – Together We Save Lives”, emphasizing the life-saving value of every blood donor.

This programme was conducted under the guidance of our respected College Principal Prof.Dr.M.Maignananoorthy, MD(S), Dr. A. Rajarajeswari MD (s)., Professor, Department of Aruvai Maruthuvam delivered an inspiring talk on National Blood Donation Day .

The Seminar was organized by Dr.K.Vithya, Associate Professor, Dept. Of Sool & Magalir Maruthuvam.

The programme began with an invocation and welcome address, followed by an enlightening keynote session highlighting the need for safe and regular blood donations to sustain an adequate national blood supply.

Speakers elaborated on donor eligibility, the role of youth in donation drives, and the health benefits of regular blood donation.

The seminar aimed to dispel myths surrounding blood donation and encouraged participants to pledge to become voluntary donors. Students, faculty, and healthcare professionals actively participated, reflecting their commitment to humanitarian service and public health awareness.

SIDDHA MEDICAL COLLEGE & RESEARCH CENTRE

NATIONAL VOLUNTARY BLOOD DONATION DAY (NVBDD) - PLEDGE TAKEN & BLOOD DONOR REGISTRATION DRIVE



NATIONAL VOLUNTARY BLOOD DONATION DAY:

A special blood donation pledge ceremony was conducted during the assembly. All the faculties and students took an oath to spread awareness on blood donation among peers, family and community members and to volunteer as donors whenever possible.

BLOOD DONOR REGISTRATION DRIVE:

As a part of National Voluntary Blood Donation Day, a total of 200 students including faculties came forward and registered themselves as voluntary donors for future donation camps.

As a whole the awareness seminar, pledge and registration drive were successful in creating a positive mindset among all towards this noble cause in the future.

This Pledge taken event & Blood donation drive was organised by Dr.K.Vithya, Associate Professor, Dept. Of Sool & Magalir Maruthuvam.



SIDDHA MEDICAL COLLEGE & RESEARCH CENTRE

AYUDHA AND SARASWATI POOJA CELEBRATION



Our Excel Siddha Medical College and Research Centre joyfully celebrated Ayudha Pooja and Saraswati Pooja with spiritual zeal and cultural devotion at Gunapaadam Lab on 26.09.2025.

The auspicious event began with traditional rituals honoring Goddess Saraswati, the divine embodiment of wisdom and arts, and Ayudha Pooja, signifying reverence for the tools and instruments that aid in work and learning.

The institution campus was adorned with flowers and rangoli, creating an atmosphere of divine grace and positivity.

Our Respected Principal, Faculty members, students, and staff offered prayers, seeking blessings for knowledge, discipline, and success. Books, laboratory instruments, and medical tools were worshipped as symbols of dedication and progress. The event beautifully reflected the essence of Indian tradition—respect for wisdom and gratitude for one's means of livelihood. The celebration concluded with the distribution of prasadam, fostering unity, joy, and a renewed commitment to excellence in education and service.



NURSING COLLEGE

NATIONAL NUTRITION WEEK CELEBRATION-2025



The Department of Nutrition, Excel Nursing College organized a Program in observance of National Nutrition Week – 2025 on 30th August 2025 in the Lecture Hall-I , ENC Campus between 1.30 pm and 2.30 pm. The Program was organized by Mrs. K.Punitha, Asst. Professor, Department of Nutrition & Mrs. K. Vasanthapriya, Asso.Professor, Program Coordinator, Department of OBG and led by Dr.T.Jayadeepa, Principal, Excel Nursing College. As a part of the event an Activity Expo cum Poster competition based on the Theme “Eat Right for a Healthy Life” and a Cooking competition were also organized where Traditionally Nutritious Foods were cooked and displayed by the I Year B.Sc., Nursing students. The competitions were judged by our Chief Guests – Dr. Suganya, Associate Professor, Excel Medical College for Naturopathy and Yoga and Ms.Kaavya, Asst.Professor, Department of Food Technology, Excel Engineering College.

Dr.T.Jayadeepa, Principal, ENC shared her views about the program and our Chief Guests Dr. Suganya and Ms. Kaavya delivered their speech insisting the Importance of Nutrition for a Healthy Life at all ages. Ms. Venus sowmiya, I Year B.Sc., Nursing student gave a brief presentation about the National Nutrition Week. Prizes were awarded for the winners and runners in the competitions.

The Expo created a colorful impact about the knowledge on Balanced diet, Basic Food Groups, Food guide Pyramid, Healthy Nutrients in food, Impact of Junk Foods, Body Mass Index etc., through attractive posters, models and play charts. A Pamphlet emphasizing nutrition guidelines was distributed to the attendees as a takeaway message from the program.



NURSING COLLEGE

WORLD SUICIDAL PREVENTION DAY



The World Suicidal prevention Day Program was organized on **10th Sep 2025** by **Excel Nursing College** in collaboration with **Komarapalayam Government Hospital**. The program commenced with a welcome address delivered by **Mrs. G.Vinotha, Associate Professor, Excel Nursing College**. The event was graced by the presence of distinguished guests, **Dr.Bharathi (Medical Officer)**, **Dr.Mugizharsi MBBS (Psychiatric)**, **Mrs. Menaka**, and **Mrs.Gowri (Nursing Superintendent)**. **Dr.Mugizharasi** delivered a special address emphasizing the **importance of suicidal prevention** in promoting Mental health. This was followed by a **Skit and health education sessions** conducted for patients, mothers, and children. The sessions were effectively equipped with role play by **VI Semester Nursing Student**. The event concluded with a **Vote of thanks** proposed by **Ms. Sruthika B.SC(N), Sem VI Student**. The program was successfully carried out with active participation and positive feedback from the attendees.



NURSING COLLEGE

COMMUNITY HEALTH NURSING DEPARTMENT

REPORT ON WORLD RABIES DAY



On behalf of Community Health Nursing department World Rabies Day – 2025 was conducted by Excel Nursing College on 26.09.2025. The Programme was started at 11.00 am lead by Dr.T.Jayadeepa, Principal, Excel Nursing College the Theme of this Programme was “Act now you, me, communities”. Welcome address was delivered by Prof.Kumudha S R HOD of community Health Nursing Department. The guest speaker was invited from Excel Homeopathy Department Dr. S. SANTHOSH KUMAR, M.D (HOM), Asst. Prof, Organon of medicine of Homeopathic Philosophy. Guest speaker has enlisted about the present situation regarding dog bite, types of treatment modalities, preventive measures and the vaccines available. At the end of the session the guest speaker was honored as a token of love by Mrs.Vasantha priya, HOD of OBG Department around 80 students was benefited by the lecture class.



INSTITUTE OF HEALTH SCIENCE

ONAM CELEBRATION



The spirit of Kerala's most vibrant festival, Onam, filled our campus with color, laughter, and unforgettable memories as we celebrated with great enthusiasm on September 03, 2025. Our students embraced the rich traditions, making the day a true reflection of unity and cultural heritage.

POOJA CELEBRATION



We celebrated the traditional Ayudha Puja (Maha Navami) in 2025 falls on September 26, 2025, is the fifth day of Navratri, dedicated to Goddess Skandamata (the mother of Lord Kartikeya). This is still a very auspicious time, as the whole Navratri period is a grand celebration of the Divine Mother.

COLLEGE OF PHYSIOTHERAPY & RESEARCH CENTRE

SIVAGIRI MARATHON



The countdown is officially on! With just over a month remaining, the Sivagiri Marathon 2025 is shaping up to be the biggest celebration of fitness and community spirit in the region. We invite all registered participants, supporters, and local residents to join us on Sunday, September 7, 2025, as we run to promote health, unity, and a crucial cause.

POOJA CELEBRATION



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