



MEDICAL
Campus
**NEWS
BULLETIN**

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PROF. Dr. A.K. NATESAN
Hon. Chairman's
MESSAGE

I have often noticed that people forget their quarrels and rivalry with the passage of time. that is something positive and appreciable. but it cannot be applied to the studies you do in various courses. once an interviewer finds out that you have majored in a particular stream, you are sure to get a generic question about that field and you are expected to be specific in your answer, if you want to impress your interviewer. all cannot excel in every field. similarly, you may not be a success in all what you do. mistakes are bound to happen. but here is where your god given memory power should be put to good use. fail in the exam, but learn the lesson. remember that each and every person who has succeeded in life has done it by learning the lesson even after the initial projects were utter failures.

I wish that this year 2024–25 be the best for you by way of having gathered experience from your mistakes, from the truancy of climatic conditions, from unexpected disasters like the pandemic and the heavy target laid on you with limited time to catch up; but with a determination on your forehead that you can and you will make it...

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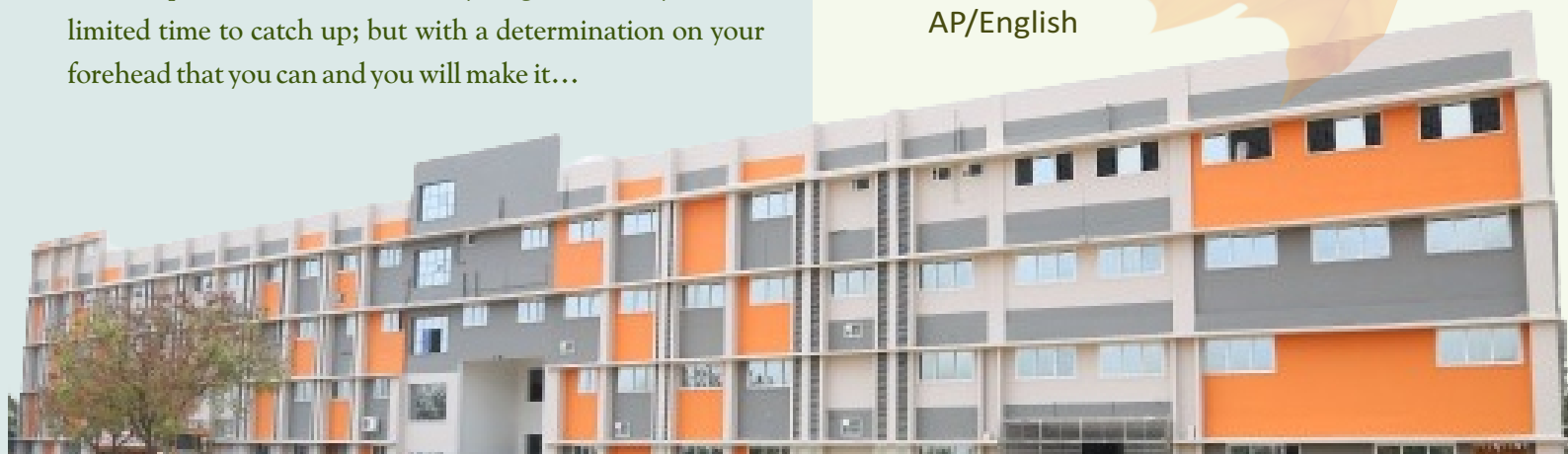
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WORLD
RED CROSS
DAY

NURSING
College



The “World Youth Red Cross Day” Health Camp was organized by Excel Nursing College on 08/05/2025 at Excel College of Arts and Commerce. The program Started at 1.30 pm. Mrs. Manju .M (Nursing tutor) from Excel Nursing College has Co-ordinate with B.Sc (N) Sem -5 Students have organized the program. The Students Measured the Height, Weight Blood Pressure and calculated BMI for Staff Around 50 faculties were benefited in this program. The program was successfully completed at 4.30 pm. national anthem.





The International nurses day program held on Excel Nursing College on 12.05.2025 in the B.Sc Nursing Sem-I Classroom. The program started at 12.30pm with Tamilthai vazhthu. The program lead by Dr.T.Jayadeepa Principal, Excel Nursing College. The Welcome address was delivered by Mr.Enbrajan B.Sc (N) Sem – III Students were participated in this program. A special speech for Nurses day was delivered by Dr.T.Jayadeepa Principal Excel Nursing College. Vice Principal Prof.R.Rajalakshmi, Excel Nursing College delivered the significance of the International Nurses day. The Program continued with cake cutting and shared the happiness of the day event concluded successfully at 2.30pm with the national anthem.



WORLD OVARIAN CANCER DAY

On the occasion of world ovarian cancer day awareness programme conducted by Dept. of Community Medicine on May 8, 2025 and our speaker given awareness speech about "OVARIAN CANCER-THE SILENT KILLER by Dr Sreevidhya, HOD, Dept of OBG.

AWARENESS PROGRAMM

Our faculty Dr T Nayaki invited as resourse persons to deliver speech about **"Deaddict and Detox – The Role of Homoeopathy"**
Organized by Anti-Drug Club in Excel Engineering college, Komarapalayam.

WORLD HYPERTENSION DAY



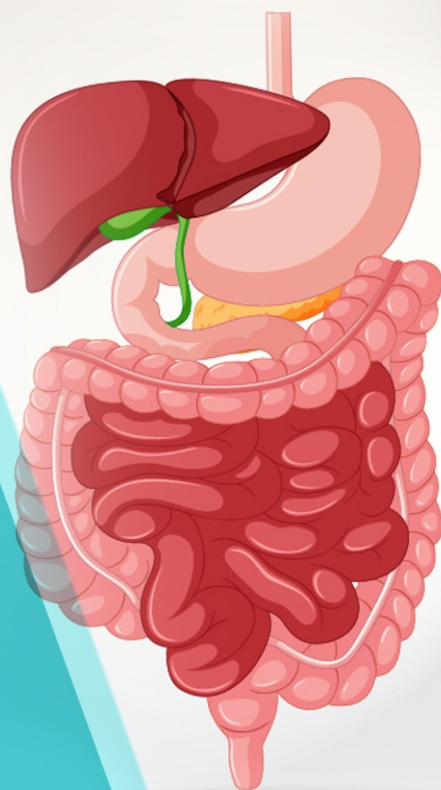
As part of Dept. of Community medicine conducted world hypertension day programme with our resource person Dr. K. Muthukrishnan, BNYS., MD, presented topic on 'Yogic Management for Hypertension" on 17-05-2025. The programme organised by Dr. V. Karmegam and Dr K Balaragunathan Dept of Community Medicine.



WORLD DIGESTIVE HEALTH DAY



EHMC, Department of community medicine
Dr V Karmegam and Dr K Balaragunathan
conducted World Digestive Health Day
on 29/05/2025 and announced awareness
poster making competition to the students
and the winners has to selected through online
voting and the winners are 1st – Nazli Shalin S,
2nd – Parvesh Shaik M K, 3rd Leona S.





WORLD NO TOBACCO DAY

On the occasion of **“World No Tobacco Day”** Dept. Community Medicine Dr V Karmegam and Dr K Balaragunathan Organised a signature campaign at medical block OPD on 31/05/2025, with presence of our principal Dr T Saravanan. and actively joined Siddha and Naturopathy college doctors and interns with us for the signature campaign.



WORLD DAY FOR SAFETY AND HEALTH AT WORK DAY



The Department of Information Technology organized a non-academic event at Paavai Ammal Hall on 5th May, 2025 to commemorate the World Day for Safety and Health at Work, with the goal of raising awareness about the importance of maintaining a safe and healthy work environment. As part of the event, Dr. Malathi, our respected Principal, was invited as the resource person to deliver a health talk. In her enlightening session, she emphasized the significance of both physical and mental well-being, shared practical health tips, and highlighted the role of lifestyle choices in promoting long-term wellness. The event also featured interactive activities, student presentations, and informative demonstrations focused on workplace safety, stress management, and digital ergonomics. It was a valuable initiative to foster a culture of health, safety, and well-being within the department.



The Department of Management Studies organized a health talk on Stress Management as part of its initiative to promote mental well-being and holistic development among students at MBA Classroom, EEC campus on 13th May, 2025. The session was delivered by Dr. Deebika, Assistant Professor, Department of Biochemistry, who served as the resource person for the event. In her insightful talk on the topic of "Stress Relief through Yoga", Dr. Deebika discussed the causes and effects of stress particularly among students, and shared practical techniques for managing stress through mindfulness, healthy routines, and positive thinking. The session was interactive and informative, leaving participants with valuable tools to manage academic pressure and maintain a balanced lifestyle. The event underscored the importance of mental health awareness in academic settings.

STRESS

MANAGEMENT



EMPOWERING YOUNG MINDS

SUMMER KIDS YOGA CAMP

Excel Medical College for Naturopathy and Yoga, in association with Excel Public School, organized and conducted the Summer Kids Yoga Camp on May 9, 2025, at Excel Public School, Komarapalayam. The camp saw the enthusiastic participation of around 35 children and aimed to make their summer holidays both enjoyable and meaningful by promoting physical flexibility, mental calmness, and improved concentration. The session was coordinated and conducted by Dr. Monisha, Department of Yoga and Dr. Deebika, Department of Biochemistry, featuring engaging, age-appropriate yoga postures, breathing techniques, and relaxation practices. The event was a great success, providing a fun and supportive introduction to the lifelong benefits of yoga for young minds and bodies.





PUBLIC HEALTH ASSESSMENT SURVEY

From May 18 to May 20, Excel Medical College for Naturopathy and Yoga organized a Public Health Assessment Survey along with a Blood Test Camp at medical campus, drawing participation from over 100 individuals from all the colleges of medical campus had participated. The initiative aimed to assess the community's health status through structured health surveys and essential blood screenings, including tests for hemoglobin, blood sugar, and cholesterol levels. Trained staff ensured accurate data collection and safe sample handling, while participants received personalized health advice and educational materials. The event promoted health awareness, encouraged early detection of health issues, and emphasized the importance of routine checkups. Overall, it served as a valuable step toward improving community health through proactive and data-driven approaches.





STATE LEVEL YOGA OLYMPIAD 2025



The State Level Yoga Olympiad 2025 was successfully conducted on 29th May by the District Physical Education Department, Govt. of Tamil Nadu, Namakkal in association with Excel Group of Institutions. The event brought together students from various districts to showcase their yoga skills, promoting physical fitness, mental well-being, and holistic development. The Olympiad was inaugurated by the chief guest, Mrs. K. Jayalakshmi, Chief Physical Education Inspector, Govt. of Tamil Nadu who motivated students to embrace yoga as a lifelong discipline. Dr. Malathi, Principal of Excel Medical College for Naturopathy and Yoga, delivered the felicitation address, applauding the participants' dedication and emphasizing the role of yoga in education and health. Our faculty members Dr. Dhaya, Dr. Sivaraman, Dr. Monisha, Dr. Sugash Abinav and Dr. Boopathi, served as coordinators and official jury members, ensuring the smooth and fair conduct of the event. The Olympiad fostered a strong spirit of healthy competition, discipline, and cultural unity, while reinforcing the value of integrating yoga into the school curriculum.



BLOOD CAMP

Institute of Health Science

We are excited to announce a new survey aimed at understanding the prevalence of lifestyle modifications among our AYUSH and AHS MLT students. This initiative is part of our ongoing commitment to promote health and wellness within our academic community. On May 16, 2025, our AHS MLT students participated in a blood test conducted at the Naturopathy Department. This event not only provided valuable health insights but also served as a platform to encourage discussions about the importance of healthy lifestyle choices. The survey will focus on various aspects of lifestyle modifications, including dietary habits, physical activity, stress management, and overall wellness practices. By participating in this survey, you will contribute to a better understanding of how our students are adopting healthy behaviors and the challenges they face in making these changes. Your input is crucial! The findings will help us develop targeted programs and resources to support our students in leading healthier lives, ultimately enhancing their academic performance and future patient care.



College of Pharmacy

Graduation Ceremony



The Momentous Third Graduation ceremony for the B.Pharm 2019 Batch graduates of The Tamilnadu Dr MGR Medical University, Chennai held at the Excel Convention Centre on 31.05.2025 was presided over Dr.A.K.Natesan, Founder & Chairman of Excel Group Institutions. The gathering was welcomed by Dr.N.Mathan Karthick, Vice-Chairman, Excel Group Institutions. The graduates were felicitated and awarded the degrees by the Chief – Guest Dr.Sudhakar, Managing Director, Sudha Multispecialty Hospitals, Erode and Prof.Dr.Swaminathan, Former Vice Chancellor, Bharathiyar & Periyar University.



Alumni

MEET 2025



The Third alumni meet for the B.Pharm students was held at Excel Mini Auditorium A/C on 31.05.2025 successfully. The session was presided over by Prof.Dr.R.Manivannan, Principal, Excel College of Pharmacy with a warm welcome to the Alumni gathered from various parts of the State. Around 80 Alumni participated and shared their valued experience and feedback. The chief-guest, Dr.T.Saravanan, Principal, Excel Homoeopathy Medical college and Hospitals, felicitated the gathering and motivated the students.



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Engineers
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Development



StartupTN
Innovation
Council

- Digital smart campus initiative
- Multi disciplinary approach
- Macro and micro credit systems
- Holistic development

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Training Hrs

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Internship

4.1 LPA
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- » EXCEL COLLEGE FOR COMMERCE & SCIENCE
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- » EXCEL COLLEGE OF EDUCATION
- » KANDHASWAMY COLLEGE OF EDUCATION
- » EXCEL FITNESS & SPORTS ACADEMY

MEDICAL CAMPUS

- » EXCEL HOMOEOPATHY MEDICAL COLLEGE
- » EXCEL SIDDHA MEDICAL COLLEGE & RESEARCH CENTRE
- » EXCEL MEDICAL COLLEGE FOR NATUROPATHY & YOGA
- » EXCEL COLLEGE OF PHARMACY » EXCEL NURSING COLLEGE
- » EXCEL COLLEGE OF PHYSIOTHERAPY & RESEARCH CENTRE
- » EXCEL COLLEGE OF OCCUPATIONAL THERAPY
- » EXCEL INSTITUTE OF HEALTH SCIENCE
- » EXCEL MULTISPECIALITY HOSPITALS
- » EXCEL PHYSIOTHERAPY, HOMOEOPATHY, SIDDHA, NATUROPATHY & AYUSH HOSPITALS