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Excel Medical Campus News Bulletin

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Excel College of Pharmacy
Excel College of Physiotherapy & Research Centre
Excel Siddha Medical College & Research Centre
Excel Medical College of Naturopathy & Yoga
Excel Homoeopathy Medical College
Excel Nursing College
Excel Institute of Health Sciences

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ExcelTM

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Hon'ble Chairman's Message



Growing is learning to live with new situations, new environs and new people - different in temperament and outlooks. It was wonderful to see how our senior students of the 2nd, 3rd and the 4th Years adapted themselves and came back to the college full of enthusiasm and vigour with a determination to make up for the days of having had to stay

at home out of necessity. It was a point of growth for them when they realized that their classrooms and the college campus were the best place where they could be. Studying their subjects had a new meaning for them as it gave them not only the opportunity for building a career but also enough space for happy living with their classmates and professors. They grew up overcoming difficulties posed by shortage of time and opportunity to move around. Excel Group Institutions are proud of being able to contribute to the Happiness Index of our nation.

- Prof. Dr. A.K. Natesan

A Free Medical Camp was held by the staff and students of Excel Homoeopathy Medical College on July 15th at Pallakkapalayam, in commemoration of the Birth Anniversary of the erstwhile Chief Minister Kamaraj. 82 ailing people benefitted from the Camp and medicines were provided free of cost. The students who acted as volunteers had an experience of what it was to go to the sick and ailing instead of waiting for them to come to the hospital, quite far away from their native villages.



In addition to the benefits drawn by the sick and ailing, the Free Homoeopathy Medical Camp held at Pallakkapalayam on 15th July, 2021, gave the student-volunteers who took part in the Free Homoeopathy Medical Camp a first-hand experience in witnessing the way the Doctors diagnosed and prescribed medicines for various illnesses. The photo shows the students standing before the banner next to the Rotaract Club premises. The Camp was held under the supervision of Dr. Saravanan, the Principal of Excel Homoeopathy College.

The BNYS Staff of Excel Medical College of Naturopathy and Yogic Sciences initiated the Yoga Classes for the students of various courses that are going on in the Medical Campus. It was conducted on 8th September 2021, and the participants consisting of boys as well as girls expressed their satisfaction after being introduced into the Yogic Art. Classes are held on a daily as well as regular basis for all the hostellers, both the boys as well as girls, in the early hours of the day.



NAT/21/III/01



NAT/21/III/02

Dr. Vibhas, the Principal of EMCNYS, led his staff in conducting the Yoga Sessions for all the students of Excel Medical Campus on a daily basis. Yoga classes were held online even when the college was closed due to the onslaught of Covid19. Many students of Excel Group Institutions have been inspired to do Yoga at home on a regular basis. Many resident staff members too have begun the Yoga way for health and overall well being.

The Front Main Gate Out Patient Unit of Excel Homoeopathy Medical College was inaugurated on 18th August 2021 by our Honorable Vice Chairman Dr. Mathan Karthick. This dream project of Our Hon'ble Chairman Sir is being co-ordinated by the Principal, Faculty, Medical Officers & Staff of EHMC.



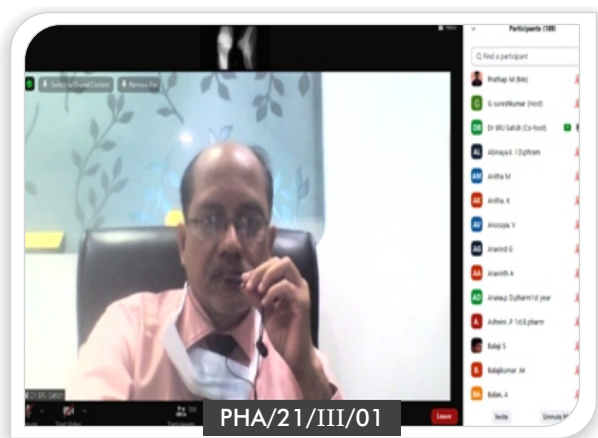
HOMOE/21/III/03



HOMOE/21/III/04

EHMC students of 2020-2021 Batch celebrated Teacher's Day on Monday, 6th September, 2021. Tokens of love and appreciation were offered to each and every member of the Staff as well as to the invited guests. The students showcased their cultural and artistic talents and the Principal, Dr. T. Saravanan's speech was inspiring just as the melodious song of the Vice-Principal, Dr. Ramagounder, was uplifting.

Following the instruction of AYUSH Department, Govt of India, to an AKAM – Azadi Ka Amrit Mahotsav, was held by the doctors from Excel Homoeopathy Medical College On 24/09/2021, who visited & imparted awareness to the 9th & the 10th grade students of Government High School, Aruvankadu, and SRK Matriculation School, comprising of 80 students within Namakkal District about Introduction to AYUSH System of Medicines & its efficacy, personal & environmental hygiene, and the precautionary measures & the efficacy of AYUSH against Covid 19.



Teachers' day was successfully celebrated on 4th September 2021 at Excel College of Pharmacy in the Excel Mini Auditorium to pay homage to our teachers. The event was organized by the Final Year B. Pharm students. Every staff member was welcomed and greeted with a bouquet by the students. Dr. K. BOMMANNA RAJA, Executive Director, Excel Group of Institutions and Dr. R.MANIVANNAN, Principal, both shared their perspectives and ideas with the students. The students conducted mind games for the professors as part of the celebration and the whole programme was memorable.



Excel College of Pharmacy organized a National webinar on “Medical Problems caused by Work/ Study from Home” on 9th July 2021. The chief speaker of the webinar was Dr.B.R.J. Satish Kumar, Chief Orthopaedic Surgeon, BRJ Ortho Centre and MAK Hospital, Coimbatore. He spoke in detail about the health concerns faced during work/study from home- especially the problems having their origin in joints, muscles, eyes and nerves. He insisted on the importance of physical activity between the sessions and the problems faced due to physical inactivity. He gave tips to be practiced regularly, to get rid from spinal & other ortho related issues. The questionnaire session was beneficial for all the participants.



The Department of Biomedical Engineering under the leadership of Dr. B. Balasubramanian, Professor/HOD organized a Yoga Practice Session on Saturday, September 25, 2021, from 10:00 AM to 12:30AM at the ABJ HALL of Excel Engineering College. 19 Students of BME Year-IV participated in the event along with others from other Departments. The Programme was conducted by the Guest Expert, Dr. Sibirajan, Assistant Professor, Department of Bachelor of Naturopathy and Yogic Science, Excel Medical Campus. The Faculty Coordinator from the Department was Ms. T. Sasikala, AP/BME.