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Excêl Medical Campus News Bulletin

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- Excel College of Pharmacy
- Excel College of Physiotherapy & Research Centre
- Excel Siddha Medical College & Research Centre
- Excel Medical College of Naturopathy & Yoga

- Excel Homoeopathy Medical College
- Excel Nursing College
- Excel Institute of Health Sciences
- Excel Multispeciality Hospitals

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Hon. Chairman's Message

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Quite a few of my old students have approached me to be given some pieces of advice. But it does not come naturally to me to give advice. I prefer to keep my eyes open and give some directions when and where it is needed. Similarly, in all my speeches on a stage I prefer to dwell upon the achievements attained so far. This is because for me the 'mantra' for achieving success is WALKING THE TALK.

I am reminded of the above maxim because, recently, some Ministers and Central Legislators came forward for a Yoga Walk, up the hill in a forest. There is no alternative for hard work. Great accomplishments were made by ordinary men by dint of their hard work late into the night, when most of their compatriots were fast asleep. And I have noticed that a spirit of hard work has to be developed by oneself; not imbibed from somebody else. My advice to you is to refrain from seeking advice: instead, look within yourself; and find some good traits within you that can be built upon. Fortune favours the brave who dare to act, rather than the mediocre ones who find time only for discussions. May you savour the sweetness of hard work and find satisfaction in doing work - expecting the ultimate reward for it from God alone...

- Prof. A.K. Natesan



The Hon. Chairman of EGI commemorated the International Yoga Day by leading a Yoga Walk with the Minister for Health - Maa.Subramaniam; Tourism Minister-Thiru.Mathivendan; Member of Parliament – Thiru. Rajesh, along with the Rotary President of Rasipuram - Mr. Anbalagan; Rotaract President of Namakkal Infinity - Santhosh Kannan & other Social Work stalwarts, on the paths of the Forest Hill, JAMBOTHU MALAI, on 21.06.22.

The Ministers and Legislators saw and appreciated three good projects undertaken by the Rotary Club and appreciated both the Presidents for their dedication and generosity in spending huge amounts of money for social causes. The Hon. Chairman of EGI, an ardent Rotarian, and the President of Rotary International District-2892 for the period 2020-21, thanked them for all their support and contributions towards the cause of aiding the needy in the lower rung of the social ladder.



The ECOP students were insisted upon planting saplings as a measure to reinforce the greenery of the campus. Awareness rally was conducted by the students for preserving the eco-system.

Distribution of seeds was done both inside the campus and neighbourhood. D.Pharm. students were involved in the sapling and seed distribution while both B.Pharm. & D.Pharm. students carried out the Green Rally with placards and banners.





ECOP/22/II/02

Fifty-five B.Pharm. students of Excel College of Pharmacy participated in the '9th SFEC (Society for Ethnopharmacology) India-2022 International Congress organized by JSS College of Pharmacy, Mysuru, from 22.4.2022 to 24.4.2022. The event consisted of scientific sessions and research presentations.

During the poster presentation session, 14 students of ECOP exhibited their Research Presentations. They received appreciation certificates for their research work. A day of sightseeing was also organized on 25.4.2022 to entertain our students. Students had an enthralling experience with Trekking and other thrilling activities at Chikmagalur and the surrounding places of Mysuru.

The entire team of participants expressed their gratitude to the Management, to the Chairman Sir, Vice-Chairman Sir and Principal Sir for giving them this opportunity. Dr. Ranga Priya, Professor, Excel College of Pharmacy led the contingent of students as well as the faculty.

4.6.2022: Various competitions were held to showcase the talents of the students like Green Classroom; Zero waste Championship; Poster preparations and Oration.

All the students converted their regular classrooms to an eco-friendly green environment. Alternates for the non- degradable materials were displayed and stole the show.



ECOP/22/II/03



ECOP/22/II/04

02.06.2022: The students of ECOP had an Outdoor Classroom with a healthy environment was built up by the students themselves. The students displayed charts to depict the importance of green environment. Students enjoyed the open class room set up. Classes were organized for the students in the outdoor classroom explaining the importance of protecting the eco-system for our betterment.



ECOP/22/II/05

Excel College of Pharmacy organized various activities in connection to the WORLD ENVIRONMENT DAY for four days from 2.6.2022 to 5.6.2022. Awareness was created to preserve the eco-system and conserve nature.



The inauguration of the 1st Year of BHMS for the year 2021 - 2022 was held in a solemn manner on 20.04.2022, at the Pharmacy College Mini Auditorium. The event was headed by the Vice-Chairman of Excel Group Institutions, the Principals of the Medical & Paramedical colleges, the Teaching & Non-teaching Staff, the Students & their Parents.

The Principal of Excel Homoeopathic Medical College & Hospital, Dr. T. Saravanan, welcomed the gathering. In his presidential address, Dr. Mathan Karthick, the Vice-Chairman, congratulated the students as well as the parents for having chosen a course under AYUSH, which is supported by the Central Ministry. He recalled that even UNO had recognized Homoeopathy as the Second largest method of medical treatment available in the world. Homoeopathy was not only a symptomatic treatment but also a type of preventive medicine. Prof. Melvyn Abraham, AP, proposed the Vote of Thanks and the event was followed by a cultural by the senior students and then, the assembly dispersed for a luncheon.

Excel Homoeopathy Medical College and Hospital conducted the Continuing Medical Education Programme (CME) in the Mini auditorium on 26.04.2022, on the topic Thematic Materia Medica with Case. The Chief Guest, Dr. Shekhar Algundgi M.D.(Hom.), F.Hom.(U.K.), M.F.Hom (Malaysia), Master Hom. (Ireland), N.D. (Naturopathy), from Mumbai, was honoured with a shawl and a memento. About 125 students and 16 faculty members including those of other institutions attended the Programme. The Chief Guest, spoke of “Thematic Materia Medica with case” with a Power Point presentation. From 11.45 am to 1.00 pm, Dr. Dhivya B.H.M.S. from Salem explained about the “Miracles in Homoeopathy Cases” with a video presentation, followed by Dr. Kirubhasini, B.H.M.S., Tirupur, sharing about successful cases in her clinical practice with photo evidence.



Excel Homoeopathy Medical College conducted a Skin Allergy Speciality Camp in the 11th Ward of Komarapalayam Municipality on 24th April 2022 from 9:30 am to 1:00 pm with the aid of the Ward DMK. The doctors who attended were Dr. T. Saravanan, Dr. S. Venkatesh, Dr. M. Prabhu, Dr. V. Vijay and Dr. A. Dharani. They were aided by 5 students of EHMCRC. Skin Allergic diseases such as Atopic Dermatitis, Eczema, Urticaria and other diseases such as Diabetes Mellitus, Hypertension, Skin diseases, Thyroid problem, Joint disorders, Renal stones, Gall bladder stones, Migraine, Acid peptic disorder, Menstrual Irregularities were treated with Free Homoeopathy Consultation and Medicines. A total of 205 patients benefitted from this Homoeopathic Treatment.

Excel Homoeopathy Medical College and Hospital organized a Free Medical Camp to deal with Acid Peptic Disorder at the Samudhayakoodam of the 15th Ward of Komarapalayam Municipality, on 14.05.22. In addition to the Homoeopathic Physicians, namely, Dr. M. Anithrar, Dr. S. Venkatesh and Dr. M. Natarajan, Dr. Vibhas, Dr. Mohan Kumar and Dr. Deebika from the Naturopathy Department helped in the conduct of the Medical Camp. Five students from the Homoeopathy Department and seven students from the Naturopathy rendered support to the Camp which aided 125 patients.

This Camp mainly focused on Acid Peptic Disorder and also other diseases such as Diabetes Mellitus, Hypertension, Skin diseases, Thyroid problem, Joint disorders, Renal stones, Gall bladder stones, Migraine, Menstrual Irregularities were treated with Free Homoeopathy Consultation and Medicines. And moreover, the follow-up of the treatment was planned to conduct either in Excel Homoeopathy Medical College Hospital daily or in Komarapalayam Camp Centre, every Monday



Excel Homoeopathy Medical College and Hospital organized a Free Medical Camp to deal with Renal Stone Problems on 29.05.2022, at Kasi Vinayagar Temple, Anaikattipalayam, Rasipuram. The following doctors of Homoeopathy, namely, Dr. T. Saravanan, Dr. R. Ramagounder, Dr. S. Venkatesh and Dr. M. Prabhu, along with Dr. K. P. Kannan, Dr. Sathya Priya, Dr. Anbumalar, Dr. D. S. Vaniswari and Dr. Elango led the Camp with the support of 120 students of Excel Paramedical Institutions. The therapists who attended to the patients, who were more than 115, included Mr. Vijay, Mr. Jeeva, Ms. Ayona and Ms. Suriya.

This Camp focused mainly on Renal Stone and also other diseases such as Diabetes Mellitus, Hypertension, Skin diseases, Thyroid problem, Joint disorders, Acid Peptic Disorders, Gall bladder stones, Migraine, Menstrual Irregularities were treated with Free Homoeopathy Consultation and Medicines.

Excel Homoeopathy Medical College and Hospital conducted a Free Medical Camp for Liver and Gall Bladder Diseases at DMK Office, Komarapalayam on 03/06/22.

This camp was presided over by: Mr. J.K.S. Manickam, Member of the Property Protection Committee and Mr Jaganathan, City Chairman, with a Special Speech by Dr. T. Saravanan, Principal, Excel Homoeopathy Medical College and Dr. Vibhas, Principal, Excel College of Naturopathy and Yoga. This Camp was mainly focused on Liver and Gall Bladder Diseases and also other diseases such as Diabetes Mellitus, Renal stone, Skin diseases, Thyroid problem, Joint disorders, Acid Peptic Disorders, Hypertension, Migraine, Menstrual Irregularities, etc. and these were treated with Free Homoeopathy Consultation and Medicines.

Moreover, the follow-up of the treatment was planned to be conducted in Excel Homoeopathy Medical College Hospital daily. 50 patients benefitted from the Homoeopathic Treatment.



Excel Homoeopathy Medical College and Hospital conducted a Free Medical Camp for Migraine on 07/05/2022 at the Panchayat Union Primary School, Veppadai, from 9:30 am to 1.30 pm. The Doctors who attended were: Dr. K. Dinesh Kumar, Dr. M. Natarajan and Dr. V. Vijay. The Camp was Presided by Mr. Mohan, Head PTA, Panchayat Union Primary School, Veppadai and Headmistress, Panchayat Union Primary School, Veppadai. It mainly focused on Migraine and Various Types of Headaches. Moreover, patients with diseases such as Hypertension, Asthma, Diabetes Mellitus, Allergy, Skin diseases, Renal stones, Gall bladder stones, Acid peptic disorder, Menstrual Irregularities were treated with Free Homoeopathy Consultation and Medicines. From among the patients who visited, 50 of them with Chronic Diseases were selected and given a Coupon worth Rs. 1500/- that included Free X-ray, Blood Investigation and Urine Test in Excel Multispecialty Hospital Investigation Laboratory.



The Inaugural Ceremony for the BSMS Batch 2021-2022 took place at Excel Mini auditorium on 20th April, 2022 at 10:00 am. Dr. G. Kavitha, Principal, Excel Siddha Medical College and Research Centre has formally welcomed the gathering.

Dr. N. Mathan Karthick, Vice Chairman, Excel Group Institutions, delivered the presidential address. Dr. V. M. RAVICHANDRAN, Production and Technical Head, SKM Siddha Ayurveda Company India Pvt Ltd, Erode, was the chief guest and gave thought provoking talk about Siddha Vaithyam and Dr. N. JAYASHREE MEENAKSHI, Medical Officer, Government Hospital, Karamadai, Coimbatore, was the guest of honour.



Mr. M. SUBRAMANIAN, Biostatistician, R.V.S. Siddha Medical College & Hospital, Coimbatore delivered a Guest Lecture on the topic “Orientation of Regulatory/ Governing bodies (Ministry of AYUSH/ NCISM, Affiliated Universities, State Commissionerate / Directorate etc) & Introduction of their Heads” for BSMS students at Excel Mini Auditorium on 22nd April, 2022 from 10 am to 12 noon. All the students got benefited from his lecture on the subject.



ESMC/22/II/01



ESMC/22/II/02

Dr. K. ELAVARASAN, Assistant Professor, R.V.S. Siddha Medical College & Hospital, Coimbatore, delivered a guest lecture on the topic “An overview of BSMS Curriculum and the subjects including MSE 2021 & Siddha's National & International Reach, Higher Education, Job Opportunities, Entrepreneurship, etc.” for BSMS students at Excel Mini Auditorium on 22nd April, 2022 from 1 pm to 3 pm. It was a splendid presentation, which exposed students to the field of practises.

Excel AYUSH Medical Camp was organised at Sathyapuri, Komarapalayam on 24th April, 2022. Dr. R. Kalpana, Assistant Professor and Dr. G. Elango, Medical Officer of Excel Siddha Medical College and Research Centre and Siddha student-volunteers carried out the medical check-up for the public. Around 50 people got benefitted through this camp.



ESMC/22/II/03



ESMC/22/II/04

Medicinal Botany Department of Excel Siddha Medical College organised an Educational Trip to Herbal Plants Garden, SMPG, Mettur, on 25th April for 2nd year BSMS students. The trip started out with 3 Staff members- Dr. Rajarajeswari, Dr. Ayyappan, Ms. Bhavadharani Bharkavi and 46 BSMS students at 10.00 AM and reached at 11.30 AM. Dr. P. Radha, Research Officer (Botany), I/C, SMPG and Mr. K. C. Habeebmoon Research Assistant, Botany, SMPG gave introduction about herbal plants in that region. We admired the beauty of plant garden and identified many medicinal plants like Phyla nodiflora, Gloriosa superba, Plumbago auriculata, Pedilanthus tithymaloides, Murrya paniculata, Gmelina aslatica, Vitex trifolia, Sesbania Sesban etc. This trip trained the students to identify the plants with their morphological characters and their habitat and helped them to see many rare and endangered plants. It gave immense pleasure to their eyes and mind.

Prof. Dr. N. Abdul Azees, Siddha Varmam Physician and Varmam Researcher delivered a motivational Guest Lecture on the topic “Duties and Responsibilities of the Students, Ethics and Manners at workplace & Patient Psychology” for BSMS students at Excel Mini Auditorium on 27th April, 2022 from 1 pm to 3 pm. He has given a thought-provoking awareness about the field of Siddha and shared his insights on the importance of Siddha Medicines and its goodness of health. Around 150 students and Excel Siddha Faculty members took part and benefitted thorough out this programme.



ESMC/22/II/05



EHMC/22/II/07

Dr. K. MELVIN ABRAHAM, Professor & Head, Department of Anatomy, Excel Homoeopathy Medical College, Namakkal, delivered a Special Lecture on the topic, “An Introduction to Various Medical Systems” for the 1st year BSMS students on Friday, 29th April, 2022 from 10 am to 12 noon. The students found it enriching.



ESMC/22/II/06

A Yoga Session was conducted for the 1st year BSMS students at Excel Mini Auditorium from 4th to 6th May, 2022 for 2 hours from 9.30 to 11.30 pm. Lecturer Cum Medical Officers of Excel Medical College of Naturopathy and Yoga - Dr. A. VIJAY, Dr. SUJAY KUMAR ROY, Dr. P. JANANI delivered a lecture and gave training on “Yoga, Meditation and Relaxation Techniques” to 50 students of BSMS Year-I. They were made to understand the importance of Yoga and the students got benefited from the practical sessions.



ESMC/22/II/07

Mr. SENTHILKUMAR THIYAGARAJAN, Professor, Excel College of Physiotherapy and Research Centre, Namakkal delivered a Guest Lecture on the topic, “National Health Status, Goals and Policies” for BSMS students on Thursday, 5th May, 2022 from 10 am to 12 noon. His informative speech and the additional reference material provided were of immense use to the students.



ESMC/22/II/08

Dr. K. MUNUSAMY, Assistant Professor & Head, Department of Computer Science, Excel College of Commerce and Science, Namakkal delivered a Guest Lecture on the topic, “Computer Basics & Safety Apps Installation” for BSMS students on Thursday, 5th May, 2022 from 2.30 pm to 4 pm. The students were grateful for the practical inputs they received.

Mrs. L. PRIYADHARSHINI, Assistant Professor, Excel College of Physiotherapy and Research Centre, Namakkal, delivered a motivational lecture on the topic, “Stress Management” for the 1st BSMS students on Saturday, 7th May, 2022 from 9:30 am to 11:30 noon. It was really thought-provoking lecture for all the students who attended.



Dr. M. SUBHA, Head, Department of Computer Applications, Excel College of Commerce and Science, Namakkal, delivered a Guest Lecture on the topic, “Computer Basics & Safety Apps Installation” for BSMS students on Saturday, 7th May, 2022 from 12 noon to 2 pm. This was a 2nd Session in the Series that helped the students technologically.

Mr. M. UDHAYA KUMAR, Lecturer, Department of Radiography Imaging Technology, Excel Institute of Health Science, Namakkal, delivered a lecture on the topic, “Basic Life Support” for BSMS students at Excel Siddha Medical College and Research Centre, Namakkal on Monday, 9th May, 2022 from 9.30 am to 11.30 am. It was an inspirational and informative.



In another lecture of the series, Mr. D. V. RAJKUMAR, Assistant Professor, Department of Computer Applications, Excel College of Commerce and Science, Namakkal, delivered a Guest Lecture on the topic, “Computer Basics & Safety Apps Installation” for BSMS students on Monday, 9th May, 2022 from 2:30 pm to 4:30 pm.



A one-day Orientation Trip to Kooduthurai Temple and Texvalley Mall was arranged for the BSMS Year-I students. The trip was led by 3 Faculty Members: Dr. Chilambuselvi, Mrs. K. P. Indumathi, Mr. Ayyappan and the students numbered 50. The trip helped the students to know more about Komarapalayam Town and its important locations.



ESMC/22/II/15

A Free Medical Camp was organised by Excel AYUSH Medical Colleges and Hospitals & DMK, Pillanur at Sengundhar Samudhaya Koodam, Gurusamypalayam, on 5th June, 2022. During the Inaugural Ceremony, Dr. R. Manivannan, Principal, Excel College of Pharmacy Doctors spoke. The Doctors from the Siddha Dept who attended to 113 patients included Dr. Sumathi & Dr. Vaniswari aided by Excel Paramedical Students about 120 in number.



ESMC/22/II/17

On 12.05.2022, the International Nurses Day was celebrated in Excel Nursing College. The Programme started at 3 pm with a welcome address by Asst. Prof., Ms Vasanthapriya. The Chief Guest of this occasion was Mrs. A. Vasanthamani, Grade-II Nursing Superintendent, Government Hospital, Tiruchengode. The Day was celebrated under the supervision of the Principal, Dr. G. Maheshwari and the Vice Principal, Prof. P. Beulah and the other teaching faculties of Excel Nursing College. The pledge was read out by Prof. P. Beulah to the students. Several Principals of Excel Paramedical Courses took part in the celebration and spoke of the greatness of the service rendered by nurses all over the world. The Programme ended with the National Anthem at 4:45 pm.



ENC/22/II/02

A Free Medical Camp was organised by Excel AYUSH Medical Colleges and Hospitals & DMK Komarapalayam on 3rd June, 2022, at the DMK office. During its inauguration, the Principal of Excel Homeopathy Medical College and the Principal of Excel College of Naturopathy and Yoga spoke.

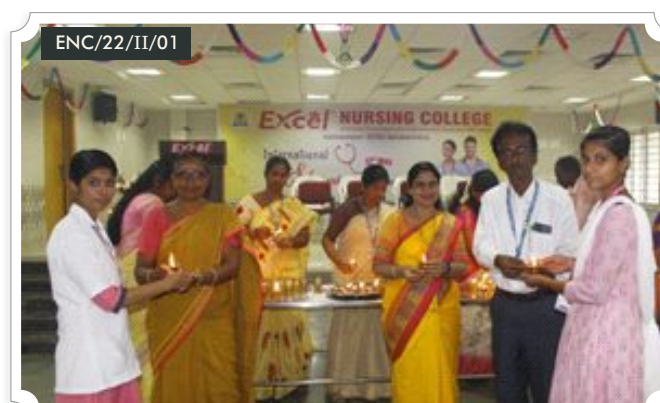
The Doctors from the Siddha Department who attended to the patients who were more than 50 in number were Dr. G. Elango and Dr. Sathiyapriya. Around 120 Excel Students rendered service.



ESMC/22/II/16

International Yoga Day was celebrated at Sangagiri Fort, along with Rotary Club of Sankagiri. Rtn. Er. D. Helena, President, Sangagiri Rotary Club gave the Welcome Address.

A Special Speech was given by Dr. R. Kalpana, Assistant Professor, Excel Siddha Medical College. It was followed by Yoga performed at Sangagiri Fort led by the faculty members, Mrs. K. P. Indumathi, Dr. G. Elango, Dr. Sathiyapriya and many other 1st year BSMS Siddha students.



ENC/22/II/01

Excel Nursing College, Komarapalayam, celebrated World Health Day on 7th April 2022 in Komarapalayam Government Hospital from 10:30 am to 12:30pm. The theme was "OUR PLANET; OUR HEALTH". It was celebrated to draw the attention of people in general and that of patients towards the importance of health. The chief Guest was Dr. Veeramani, DCH, MO, & Dr. Dinesh, DCH, MO. Awareness Programmes like Hygienic measures, speech, hand washing, dancing, etc. were also conducted by the 1st Year B.Sc. Nursing 2020-2021 batch students. Tips regarding healthy life style and environmental hygiene were delivered by our chief guest. 150 patients and 55 of their relatives participated in the Programme. Finally, hand washing steps were taught to the public.

M. Renugadevi - II BSMS, got an Appreciation Certificate from the District Collector of Namakkal for her participation on “Kurazhoviya Drawing Competition” organised by Tamil Valarchi Iyyakkam and Tamil Virtual Academy of Tamilnadu Government. She drew her painting for 925th Thirukkural Celebration. And the paintings were exhibited at Annaa Nootrandu Noolagam, Chennai from 21-4-22 to 27-4-22.



Excel Homoeopathy Medical College organized a Yoga Competition in connection with International Yoga Day-2022 in the Individual Category on 17.06.2022. The Venue selected for the Competition was Excel college for Naturopathy and Yoga Square.

18 Participants from the Homoeopathy Department took part in the Competition that had the theme: 'Yoga for Humanity'. The winners were Agni Margathavarshini, BHMS Year-I (1st Prize) and Sree Yuktha, BHMS Year-II (2nd Prize).



In keeping with the Tamil Siddha Festival, the Opening of Siddha Medical Centre, Excel AYUSH Medical Camp and Rare Medicinal Plants Exhibition and Conference at Kasivinayagar Temple Premises, Anaikattipalayam, Rasipuram, on 29th April, 2022.

The ceremony was presided over by Dr. M. RAMASAMY, Executive Director, Rasi Seeds, Attur; Mr. K. R. N. RAJESH KUMAR, Member of Legislature, Mr. A. K. P. CHINRAJ, MP, Namakkal; and Mr. GANESAN IAS, Director of Indian Medicine and Homeopathy. A Special Speech was by Dr. A. K. NATESAN, Chairman, Excel Group Institutions and by Dr. N. MATHAN KARTHICK, Vice Chairman, Excel Group Institutions. The opening ceremony was followed by a Medical camp. The Siddha Doctors who attended to nearly 115 patients were: Dr. B. Kannan, Dr. Sathyapriya, Dr. P. V. Anbumalar, Dr. G. Elango and Dr. Vaniswari. 120 Excel Student-Volunteers rendered their service.

The 8th International Yoga Day

Celebrated at

ExcelTM ENGINEERING COLLEGE (AUTONOMOUS)

Komarapalayam - 637303, Namakkal District

On 21st June 2022, under the auspices of

ALL INDIA COUNCIL FOR TECHNICAL EDUCATION (AICTE)

Komarapalayam, 14.06.2022. Excel Engineering College (Autonomous) had been following the directives of AICTE, New Delhi, to highlight the importance and greatness of Yoga to promote world peace and harmony by the effort of all the students to attend the online classes imparted by AICTE from 2nd June to 15th June.



The Principal, Staff and Student-volunteers of Excel Medical College of Naturopathy & Yoga conducted a mammoth Yoga Session for the students of EEC consisting of 300 boys and 200 girls from 9:30 am to 12:30 pm with the Principal - Dr. K. Bommanna Raja; HoD - Dr. V. Arul Murugan; and Prof./Eng – Dr. Thomas Mathew making arrangements for this celebration cum practice session with the blessings of our Hon. Chairman, Prof. Dr. A. K. Natesan and that of our Vice-Chairman, Dr. N. Mathan Karthick. The venue was Excel Convention Centre (A/C) that could conveniently accommodate all the students.



The student volunteers (both girls as well as boys) of Excel Medical College of Naturopathy and Yoga rendered yeoman service by coming to the aid of students who were new to Yogic Exercises.

Dr. K. Vibhas, the Principal of EMCNY, had a mesmerizing impact on the students who went on asking for more Yogic Asanas till 12:35 in the afternoon; and they seemed more relaxed after more than two hours of Yogaasana practice. It was not only the students, but even the staff who expressed their wish to practise Yoga every day, despite their busy schedule – as they realized the value of this exercise that catered to their body, mind and soul.



- Dr. Thomas Mathew, Professor of English – for Excel Campus News Desk