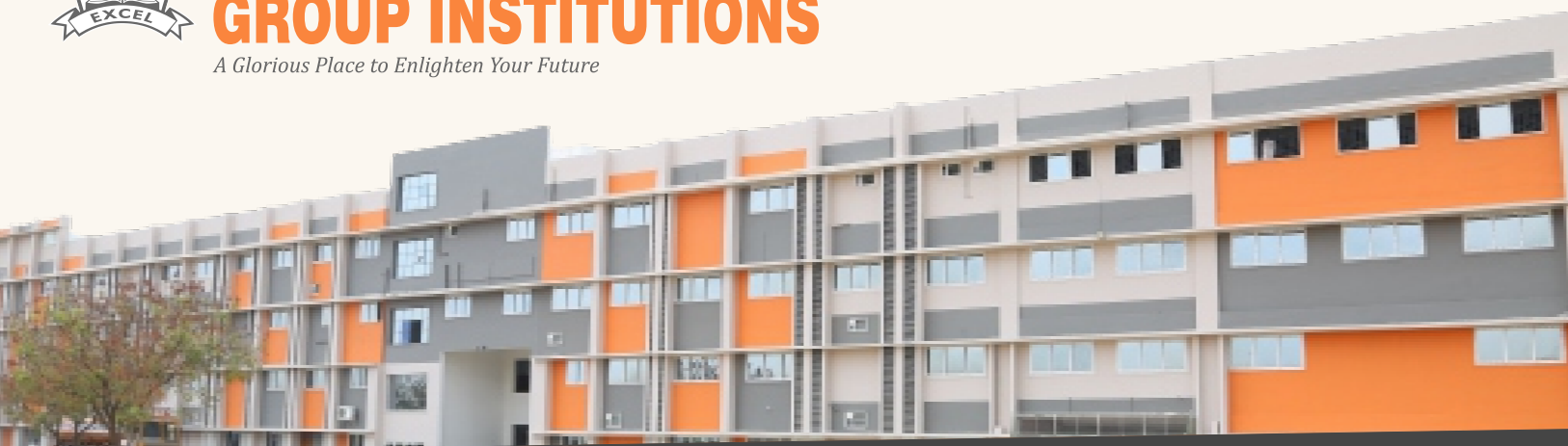




ExcelTM GROUP INSTITUTIONS

A Glorious Place to Enlighten Your Future



ExcelTM Medical Campus

News BULLETIN

Vol. 7; Issue 3; Periodicity
Quarterly July - Sept 2023
Date of Issue : 12.10.2023

- Excel College of Pharmacy
- Excel College of Physiotherapy & Research Centre
- Excel Siddha Medical College & Research Centre
- Excel Medical College for Naturopathy & Yoga
- Excel Homoeopathy Medical College
- Excel Nursing College
- Excel Institute of Health Sciences
- Excel Multispeciality Hospitals



excelinstitutions.com

NH - 544, Salem Main Road, Komarapalayam,
Namakkal District - 637303, Tamilnadu, INDIA.

Cell : +91 98427 13789



PROF. Dr. A.K. NATESAN

Hon. Chairman's MESSAGE

I have often noticed that people forget their quarrels and rivalry with the passage of time. That is something positive and appreciable. But it cannot be applied to the studies you do in various courses. Once an interviewer finds out that you have majored in a particular stream, you are sure to get a generic question about that field and you are expected to be specific in your answer, if you want to impress your interviewer. All cannot excel in every field. Similarly, you may not be a success in all what you do. Mistakes are bound to happen. But here is where your God given memory power should be put to good use. Fail in the exam, but learn the lesson. Remember that each and every person who has succeeded in life has done it by learning the lesson even after the initial projects were utter failures.

I wish that this year 2023–24 be the best for you by way of having gathered experience from your mistakes, from the truancy of climatic conditions, from unexpected disasters like the pandemic and the heavy target laid on you with limited time to catch up; but with a determination on your forehead that you can and you will make it...

Chief Patron

Rtn. Prof. Dr. A.K. Natesan, Hon. Chairman

Patron

Dr. N. Mathan Karthick, Vice-Chairman

Chief Editors

Dr. K. Bommanna Raja, Executive Director

Dr. N. Sengottaiyan, Director - Technical

Dr. K. Saravanan, Associate Professor / English

Editors

Dr. R. Manivannan, Principal, ECOP

Dr. T. Jayadeepa, Principal, ENC

Dr. A. Ayyappan, Principal, ECOP&RC

Dr. M. Meignana Moorthy, Principal, ESMC&RC

Dr. K. Vibhas, Principal, EMCNY

Dr. T. Saravanan, Principal, EHMC

Dr. M. Thangaraju, Principal, EIHS

Mrs. K. Malathi, AP/English

Mrs. D. Priyadharsini, AP/English



Excel Nursing College and Komarapalayam GH organized the Drug Free Tamilnadu awareness rally on 11.08.2023. The Rally started from Komarapalayam GH to Pallipalayam Corner lead by Dr.Bharathi (Medical Officer) accompanied with Nursing Superintendent Mrs.Shanthi Komarapalayam GH and Excel Nursing Faculty Mrs.M.Savitha. Around 25 students and 30 Hospital Staff had participated in the awareness Rally. All have taken a pledge.



National Deworming day awareness program was conducted by Excel Nursing College on August 10, 2023 at Komarapalayam GH. The Chief guest was Dr.Arun (DA), Dr.Vanikarthika MS (DGO), Dr.Saranya (DCH) and also invited Mr.Selvi (Staff Nurse). The students created an awareness by enacting a Skit on The importance of deworming in school children of 1 – 19 years. They also explained about the preventive measures of worm infection to children. Around 30 people were benefited in this programme.



A one day medical camp was organised at Thevur temple on account of Kumbabhishekam to benefit the public on 05.07.23 from 8 am to 2 pm. Dr.Mohankumar, Medical officer, EMCNY hospital consulted the public and free dietary advice and lifestyle modification were give to around 59 people visited the camp venue. Along with them 8 police personnel were also benefited during the camp.





One day camp on health screening and health education programme was conducted as a part of community health program at Excel Medical campus with the theme “Early detection of Non Communicable Diseases”. The participants were given a free health screening to educate and rule out early signs and symptoms of non communicable diseases such as Hypertension, Obesity, Diabetes mellitus. They were given awareness on sedentary lifestyle, improper food and sleep habits and how one's ignorance of healthy living can lead to chronic diseases and ways of prevention by adopting a healthy lifestyle in tune with Naturopathy & Yoga. Free Naturopathy treatments and Pranayama sessions were taught to them. Around 20 members benefited from this camp.



Excel Medical College for Naturopathy and Yoga hosted a special ceremony for celebrating and enlightening the BNYS students about the historical significance of this day, 15th August. The college organized various activities such as Essay writing, Elocution, poetry, Singing competitions to mark the 77th Independence Day. The students were actively participated and won the prizes.

EMCNY Hospital in association with Sri Ramana Ashram conducted a free medical camp at Ramana Maharishi free medical dispensary at Thiruvannamalai on 30 July 2023 on account of World hepatitis Day. The theme of the camp as “Eyes as the mirror of Liver health”, around 70 members benefited with a Naturopathy Iris Diagnosis followed by an awareness speech on Promoting liver health by following Naturopathy and Yoga interventions by Dr.Muthu Krishnan, Senior Medical officer, EMCNY. Special Yogic techniques such as deep relaxation technique, Yoga nidra, Laughter therapy, clapping therapy along with pranayama and acupressure was taught the public.



EMCNY hospital organized a world breast feeding week in association with Vaagaisudi and puvidham part level society at Komarapalyam for the public. Dr. Bharathi , MD DGO,Senior Medical officer and Mr. Murugesan Sub inspector of police Komarapalyam were the chief guests of the programme.Around 250 public were given awareness on importance of breast feeding and health benefits on children in preventing illness.



Dr. Muthu Krishnan, Senior medical officer and Dr. Monisha, Lecturer and Medical officer organized and conducted the programme. A mass awareness rally was also organized with 100 BNYS students and around 200 women of self help group at Komarapalyam.

EXCEL MEDICAL COLLEGE OF NATUROPATHY & YOGA

celebrated 'ANNUAL SPORTS MEET – SHAURYA 2023' held on August 11, 2023 at EXCEL MEDICAL PLAYGROUND. The day started with flag hoisting and Olympic torch lightened up by the guest of honour Dr.Vimal Nishant, Principal, Excel College of Commerce & Science and Dr. Manivannan, Principal, Excel College of Pharmacy along with state and national players followed by oath taking and march past, later students had actively participated themselves in various sports competitions organized for the day like volleyball, throwball, kabaddi, kho-kho etc., established their unique talents and won medals which was distributed on the same day by the guest of honour, the principal and the staff members.



EXCEL MEDICAL COLLEGE OF NATUROPATHY & YOGA celebrated 'ANNUAL CULTURALS MEET – UTSAHA 2023' held on August 19, 2023 at AYUSH AUDITORIUM. The day started with inauguration and lamp lighting by our beloved Principal Dr.Vibhas.K and staff members. Students had actively participated in various cultural competitions organized for the day like solo singing, skit, group dance, fashion parade etc., and established their unique talents.





EMCNY hospital organized a world breast feeding week in association with Vaagaisudi and puvudham part level society at Komarapalyam for the public. Dr. Bharathi , MD DGO,Senior Medical officer and Mr. Murugesan Sub inspector of police Komarapalyam were the chief guests of the programme.Around 250 public were given awareness on importance of breast feeding and health benefits on children in preventing illness.

National level sports and cultural meet (Aeon 2.0) was organized by SVYASA University, Bangalore to unite the entire BNYS community from 22ndsep to 24th sep 2023 where our 50 students were participated with the passion and enthusiasm in the events such as sports, culturals, arts, literacy etc. They won with the team spirit and secured overall third prize including 19 individual prizes in various events.

Around 140 students of EMCNY witnessed the events such as traditional dance and food festival and participated in the meditation at Dhyanamandapam along with other 10000 devotees on 23.9.2023. Dr.Muthu Krishnan,Teaching faculty and senior medical officer along with Dr.Aiswarya,Residential Medical officer accompanied the students.

An All India National Championship competition was organized by Youth & Sports development association, India at Calangute, Goa from 28 Sep -30 Sep 2023. Our 7 students of EMCNY represented in the yoga event held there in the age category of 18-20 and 21-25 and all bagged the prizes. Ms.Pandeeswari, I BNYS part 2 won Gold medal followed by three silver medals by Mr. Gowtham, Final Yr BNYS, Ms.CyndrellineDevi,II BNYS, Mr.Omjagadish,I BNYS part 1 and also three bronze medals by Ms.Anisha,Ms.Bharathi, and Mr.Jeevan of I BNYS .Further they all are qualified for the International championship to be held in Malaysia on Jan 2024.We wish them best in their journey of accomplishments.





Excel Siddha Medical College and Research Centre celebrated National Doctor's day on July 1st 2023. All faculty members and students celebrated the event. Cultural events were performed by Students.



Excel Siddha Medical College and Research conducted a special Medical camp and provided treatment for Transport department staff on 05.07.2023, Many of our transport department staff got benefitted through this camp.



On observance of World Hepatitis day 2023, our Excel Siddha Medical College and research centre conducted a special medical awareness camp on 04.08.2023 at Komarapalayam Bus stand. This Medical camp was inaugurated by Komarapalayam Municipality Commissioner Thiru A.Saravanan. More than 250 patients were benefitted by this camp.



A Mega Siddha Medical Camp was conducted at Excel Siddha Hospital Extension Hospital, at Kasivinayagar Temple Premises, Aanaikattipalayam, Rasipuram on 05th August, 2023. The Principal Prof.Dr.M.Maignana Moorthy delivered the welcome speech. The Medical camp was inaugurated by Thiru Kai.Kandhasamy, President, Arulmigu Kasi Vinayagar Iyarkai Nalavalvu maiyam. A Team of Doctors and our Medical college students were participated in this Camp. More than 100 patients were benefitted by this camp.



International Conference of Siddha Diet and Nutrition for Healthy Life 2023 was organised by National Institute of Siddha, Chennai at TN Dr MGR Medical University on August 10 & 11, 2023. 48 Students of ESMCRC presented their research works. Our students presented 43 posters and 5 oral presentations. Our Student Mr.S.Vasanth Kumar of IV BSMS won first prize in Poster presentation, Ms.B.Santhiya of III BSMS won third prize in Oral presentation. The Management, Principal & Faculty members congratulated all participants & prize winners.

Excel Siddha Medical College and Research centre -Anti drug Pledge:

As a part of "Drug free Tamilnadu" initiative, our Excel Siddha Medical College and Research Centre students & faculties took Anti drug pledge on 11.08.2023 at our college premises.



Excel Siddha Medical College & Research Centre, Department of Sool and Magalir Maruthuvam, conducted a Seminar on the topic of "Women Health And Infertility Care" on 23.08.2023 in AYUSH Auditorium, Excel Medical Block. The Principal Prof.Dr.M.Maignana Moorthy, MD(S) welcomed the Chief Guest Dr.B.Sundaramenon, BSMS. Dr.K.Vithya, MD(S), Assistant Professor, Department of Sool and Magalir Maruthuvam, delivered the Vote of Thanks. The Principal, Teaching faculties, Medical Officers and BSMS Final year & Third year students (Total number of students-100) participated in this programme.



Excel Siddha Medical College & Research Centre FRESHER'S DAY (ENTRANTS FIESTA 2K23) – Our Excel Siddha Medical college students celebrated the Fresher's day for 2022-2023-batch on 08.09.2023 at Excel AYUSH Auditorium.



National Pharmacovigilance week(17th-23rd Sept 2023)- Short video competition- 1st,2nd & 3rd Prize :

Peripheral Pharmacovigilance centre, Erode conducted the Short video competition in the observance of National Pharmacovigilance week(17th-23rd Sept 2023). Our Excel Siddha Medical College & Research Centre Students participated & secured the 1st, 2nd & 3rd prizes. Our Principal & Faculty members congratulated the prize winners.