



EXCEL ENGINEERING COLLEGE (Autonomous)

Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai
Accredited by NBA and NAAC with "A+" and Recognized by UGC(2f&12B)
KOMARAPALAYAM - 637303

Category : Admin

Priority : Normal

Ref.: EEC/ Wellness Committee/2024-25/01

Date : 03.06.2024

WELLNESS COMMITTEE Academic Year 2024-2025

Objectives:

The Student Wellness Centre of this college exists to help students confront the diverse challenges and problems in their lives. To acknowledge all types of mental health and emotional resilience from Students & faculty members. To provide caring, quality, integrated, student-centered health, counseling and wellness promotion services to Spartans in support of their ability to perform optimally, physically, and mentally and to enhance their academic and intellectual potential counseling helps students develop effective stress management techniques, enabling them to maintain a healthy balance between their academic and personal lives.

Roles & Responsibilities:

1. To hear the stress, anxiety and emotional challenges of the students and faculty members regarding academics, administration and personal issues.
2. Encouraging the Students to express their stress / problem freely and frankly, without any fear of being victimized.
3. Students and faculty members who want to remain anonymous can approach the committee members in person or send their representation to the following mail id suggestions@excelcolleges.com.

Note: Tenure of Members – 3 Years

Frequency of meeting – Quarterly once

Composition:

| Sl.No | Name | Designation and Department | Status |
|-------|--------------------|----------------------------|----------|
| 1 | Dr.G.Srinivasan | Prof /FT | Chairman |
| 2 | Prof.P.Jayaprabha | HoD i/c / AIDS | Member |
| 3 | Dr.K.P.Vishalakshi | HoD i/c/AGRI | Member |
| 4 | Ms.D.Mythili | AP/CIVIL | Member |
| 5 | Ms.Rajeswari | AP/EEE | Member |
| 6 | Dr.P.Kumari | ASP/CSE | Member |
| 7 | Mr K.Vijayababu | AP/AERO | Member |
| 8 | MS.Anitharani | AP/ECE | Member |
| 9 | Mr.E.Deepankumar | AP/CSE | Member |
| 10 | Mr.M.Raja | AP/FT | Member |


Principal