



EXCEL ENGINEERING COLLEGE (Autonomous)

Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai
Accredited by NBA and NAAC with "A+" and Recognized by UGC(2f&12B)
KOMARAPALAYAM - 637303

Ref.: EEC Wellness Committee 2023-24 01

Date : 06.01.2024

WELLNESS COMMITTEE Academic Year 2023-2024

Objectives:

The Student Wellness Centre of this college exists to help students confront the diverse challenges and problems in their lives. To acknowledge all types of mental health and emotional resilience from Students & faculty members. To provide caring, quality, integrated, student-centered health, counseling and wellness promotion services to support of their ability to perform optimally, physically, and mentally and to enhance their academic and intellectual potential counseling helps students develop effective stress management techniques, enabling them to maintain a healthy balance between their academic and personal lives.

Roles & Responsibilities:

1. To hear the stress, anxiety and emotional challenges of the students and faculty members regarding academics, administration and personal issues.
2. Encouraging the Students to express their stress / problem freely and frankly, without any fear of being victimized.
3. Students and faculty members who want to remain anonymous can approach the committee members in person or send their representation to the following mail id suggestions@excelcolleges.com.

Note: Tenure of Members – 3 Years **Frequency of meeting – Monthly once**

Composition:

Sl.No	Name	Designation and Department	Mobile No.	E-mail	Status
1.	Dr.G.Srinivasan	HoD/PCT	99440-65048	eeccetrohod@ excelcolleges.com	Chairman
2.	Dr.P.Saravanan	Psychologist	73391-12299	drtsanatomy@gmail.com	Members
3.	Dr.Jayakumar	Psychologist	99441-51432	Drjayakumar.homoeo@gmail.com	
4.	Dr.Parveen Kousar	Psychologist	90800-51705	drparveenkousar@ excelcolleges.com	
5.	Dr.Dhaya	Psychologist	95973-50185	Dhayag0031@gmail.com	
6.	Dr.N.Prabhu	Professor/Physics	99946-21313	nprabhu.eec@ excelcolleges.com	
7.	Prof.P.Jayaprabha	HoD (i/c) / AIDS	99767-23593	jayaprabhap.eec@ excelcolleges.com	
8.	Dr.K.P.Vishalakshi	HoD(i/c) /AGRI	73730-80906	eeccagrihod@ excelcolleges.com	
9.	Dr.S.Sankarananth	ASP -EEE	63696 -66983	sankarananth.eec@excelcolleges.com	
10.	Ms.D.Mythili	AP/CIVIL	95784-02655	Dmythiii.eec@ excelcolleges.com	


Principal

Copy to:

1. AICTE, New Delhi.
2. Director (Academic) & Director (Admin)
3. All HoD's
4. Office File