



## EXCEL ENGINEERING COLLEGE (Autonomous)

Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai  
Accredited by NBA (AERO, CSE, ECE & MECH), NAAC with "A+" and Recognised by UGC (2f & 12B)  
KOMARAPALAYAM - 637303

DEPARTMENT OF MCA

ACADEMIC YEAR 2022-2023

5.1.3 The following Capacity Development and Skill Enhancement activities are organized for improving students' capabilities 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene) 4. Awareness of trends in technology

Name of the Capacity Development and Skill Enhancement programme	Year of implementation	Number of students enrolled	Name of the agencies/consultants involved with contact details, if any
Soft Skill	2022	50	IT
Life Skill	2023	48	Yoga





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Recognized by UGC ( 21 & 12B )



Date  
06-03-2023

Time  
10:00 AM  
TO  
12:00PM

## DEPARTMENT OF MCA

Activity On

“LIFE SKILL(YOGA)”



Venue: 208 B1 Block

Dr. M. Gomathi  
ASP & Head/MCA

Dr. C. Karthikeyini  
Director Academics

Dr. S. Anbukaruppusamy  
Director Administration

Dr. K. Bommanna Raja  
Principal & Executive Director



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**KOMARAPALAYAM - 637303**

**Department of MCA  
Academic Year 2022-2023**

Date: 04.03.2023

## **Circular**

This is to inform that, Excel Engineering College, Department of MCA organizing the Programmed  
on **"LIFE SKILL BASED ON YOGA "** at 208 B1 Block on 06.03.2023.





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Department of MCA  
Academic Year 2022-2023

## Participation List

DEPARTMENT OF MCA		
MCA - NAME LIST		
S.NO	ROLL NO	NAME
1	22MCA01	ABIN BABU
2	22MCA02	AMUDHEESWARAN.R
3	22MCA03	ARUN P A
4	22MCA04	CHANDRU.S
5	22MCA05	CHITRAARASU.K
6	22MCA06	DURKADEVIL.M
7	22MCA07	GOWTHAM.M
8	22MCA08	GOWTHAM.P
9	22MCA09	HAARISH.R.M
10	22MCA10	HARIKRISHNAN.T
11	22MCA11	HARIPRASATH.S
12	22MCA12	ILANCHEZHIAN.M
13	22MCA13	JAGADESH.K.S
14	22MCA14	JENIFER.A
15	22MCA15	KALAIARASAN.M
16	22MCA16	KANISHKA N
17	22MCA17	KARTHICK.K
18	22MCA18	KEERTHIKA.K
19	22MCA19	KIRUBHA SHAKTHIJ
20	22MCA20	KRISHNASRI.S
21	22MCA22	LOGESH.S

22	22MCA23	MADHUMITHA.G
23	22MCA24	MAHENDIRAN.P
24	22MCA25	MANOJ KUMAR.R
25	22MCA26	MEGHA
26	22MCA27	MUGUNTHAN.R
27	22MCA29	NARASIMMAN.S
28	22MCA30	NIRMAL.A
29	22MCA31	NITHISH KUMAR.S
30	22MCA32	POONGODI.A
31	22MCA33	PRAGADEESHWARAN.D
32	22MCA34	PRASANTH.S
33	22MCA35	PRANESH B
34	22MCA36	PRIYANGA.R
35	22MCA37	REENA.A
36	22MCA38	SAKTHIVEL.K
37	22MCA39	SANDRU.S
38	22MCA40	SANTHOSH.P
39	22MCA41	SATHYA.M
40	22MCA42	SHABITHA SREE.M
41	22MCA43	SHIVA.A
42	22MCA44	SOUNDARRAJAN.M
43	22MCA45	SREE VENKATESWAREE.A
44	22MCA46	SRIJITH.S
45	22MCA47	SUBHASHINI.P
46	22MCA48	SUBINDAR.M
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KOMARAPALAYAM - 637303

Department of MCA

Seminar on Research opportunities on ERP Software

## Summary Report

**DATE** : 06/03/2023

**VENUE** : 208 B1 Block

**NO. OF PARTICIPANTS** : 48

This is to inform that, Excel Engineering College, Department of MCA conducting Program on **Life Skill Based on Yoga** on 06.03.2023. Yoga, (Sanskrit: "Yoking" or "Union") one of the six systems (darshans) of Indian philosophy. Its influence has been widespread among many other schools of Indian thought. Its basic text is the Yoga-sutras by Patanjali (c. 2nd century BCE or 5th century CE).

The practical aspects of Yoga play a more important part than does its intellectual content, which is largely based on the philosophy of Samkhya, with the exception that Yoga assumes the existence of God, who is the model for the aspirant who seeks spiritual release. Yoga holds with Samkhya that the achievement of spiritual liberation (moksha) occurs when the spirit (purusha) is freed from the bondage of matter (prakriti) that has resulted from ignorance and illusion. The Samkhya view of the evolution of the world through identifiable stages leads Yoga to attempt to reverse this order, as it were, so that a person can increasingly phenomenality the self until it reenter's its original state of purity and consciousness. An aspirant who has learned to control and suppress the obscuring activities of the mind and has succeeded in ending attachment to material objects will be able to enter samadhi a state of deep concentration that results in a blissful ecstatic union with the ultimate reality.



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Date  
10-11-2022

Time  
10:00 AM  
TO  
12:00PM

## DEPARTMENT OF MCA

Activity On

“SOFT SKILL(IT)”



Venue: 208 B1 Block

Dr. M. Gomathi  
ASP & Head/MCA

Dr. C. Karthikeyini  
Director Academics

Dr. S. Anbukaruppusamy  
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**Department of MCA  
Academic Year 2022-2023**

Date: 09.11.2022

**Circular**

This is to inform that, Excel Engineering College, Department of MCA organizing Programmed on  
"SOFT SKILL BASED ON IT" at 208 B1 Block on 10.11.2022.





# EXCEL ENGINEERING COLLEGE

(Autonomous)

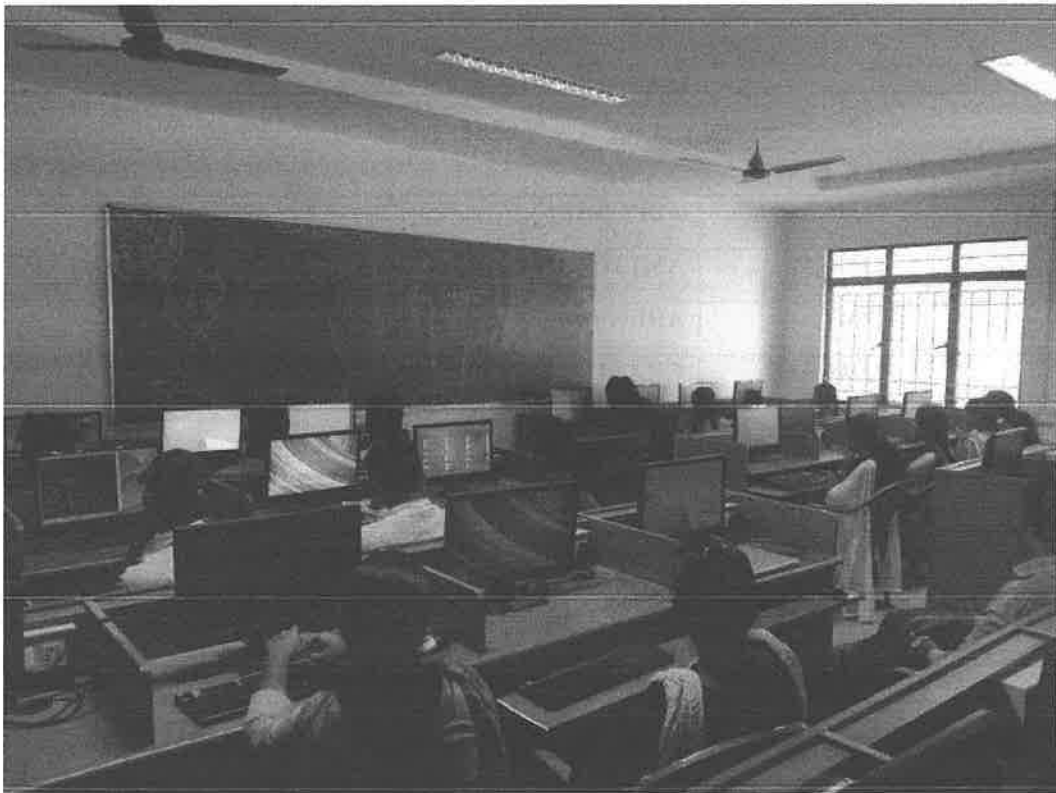
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Department of MCA

Academic Year 2022-2023





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### **Summary Report**

**DATE** : 10/11/2022  
**VENUE** : 208 B1 Block  
**NO. OF PARTICIPANTS** : 50

This is to inform that, Excel Engineering College, Department of MCA conducting **SOFT SKIL BASED ON IT** on 10.11.2022. Many employers look for a balance of hard skills and soft skills when making hiring decisions. For example, employers value skilled workers with a track record of getting jobs done on time. Employers also value workers with strong communication skills and a good understanding of company products and services. When communicating with prospective clients, workers with soft skills can put together compelling presentations even if their specific job is not in sales or marketing. Another valued soft skill is the ability to coach co-workers on new tasks.

Company leaders often are most effective when they have strong soft skills. For example, leaders are expected to have good speaking abilities, but great leaders are also good at listening to workers and to other leaders in their fields. As a recent article in the Harvard Business Review put it, Employers who fail to listen and thoughtfully respond to their people's concerns will see greater turnover. And given that the highest rates of turnover are among top performers who can take clients and projects with them, and the frontline employees responsible for the customer experience, the risk is clear.