



EXCEL ENGINEERING COLLEGE

(Autonomous)

Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai
Accredited by NBA(AERO,CSE,ECE,MECH), NAAC with "A+" and Recognised by UGC (2f & 12B)

KOMARAPALAYAM - 637303

Department of Food Technology

IQAC- Criterion III – Research, Innovations and Extension (150)

NAAC Accreditation Academic Year – 2021-22

Food Technology

Metric No : 3.6.3 & 3.6.4

Number of extension and outreach programmes conducted by the institution through NSS/NCC during the year : 02

Number of students participating in extension activities listed in 3.6.3 during the year: 02

S r. N o	Name of the Activity	Organising Unit/ Agency/ Collaborating Agency	Number of students who participate d in such activities	Name of the Scheme	Month and Year of the activity	Link to the Workshop/Seminar report on the website
1	Women's health and nutrition	Excel Engineering College	60	Awarenes s Program	15.01.2022	https://drive.google.com/file/d/1mT11rgZ8hf-Bt8_ND87ogQ6iW4oFtNnJ/view?usp=share_link
2	Micronutrien t supplementa tion	Excel Engineering College	56	Awarenes s Program	22.01.2022	https://drive.google.com/file/d/1mT11rgZ8hf-Bt8_ND87ogQ6iW4oFtNnJ/view?usp=share_link
3	The science behind Yoga	Excel Engineering College	58	Awarenes s Program	06.11.2021	https://drive.google.com/file/d/1mT11rgZ8hf-Bt8_ND87ogQ6iW4oFtNnJ/view?usp=share_link

Faculty In charge

HOD

Head of the Department
Department of Food Technology,
Excel Engineering College,
Namakkal District - 638 183.



IQAC



Excel

ENGINEERING COLLEGE (AUTONOMOUS)

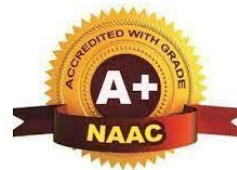
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Date

15.01.2022

Time

10.00 a.m.



B.E. - AERO,
MECH, CSE,
ECE

DEPARTMENT OF FOOD TECHNOLOGY

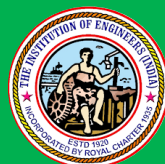
“AWARENESS PROGRAM ON WOMEN’S HEALTH AND NUTRITION ”



Dr. P. MUTHUSAMY
Prof. Dr. M P MURUGESAN
Program Co-Ordinator

Prof. E. NIVETHA
Activity Coordinator

Prof. Dr. P. MUTHUSAMY
Head of the Department



Permission Letter

Date: 13 / 01 /2022

Place: Komarapalayam

From

E. NIVETHA
Assistant Professor
Department of Food Technology
Excel Engineering College (Autonomous)
Komarapalayam.

To

The Principal
Excel Engineering College (Autonomous)
Komarapalayam.

Sir

Subject: Seeking permission to organize awareness programme on “Women health and Nutrition”- reg

Sir, I would like to organize awareness programme on “**Women health and Nutrition**” for Food Technology students and faculty members on 15th January 2022, so that I kindly request you to do the needful for flawless conduction of the events.

Thank you

Yours truly



Head / Food Tech



Activity Coordinator

Head of the Department
Department of Food Technology,
Excel Engineering College,
Namakkal District - 638 183.



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KOMARAPALAYAM NAMAKKAL - 637303

Department of Food Technology

CIRCULAR

13.01.2022

Attention: Students of Food Technology Department

This is to inform you that our Department of Food Technology organizing awareness programme on “Women health and Nutrition” At 10.00 am to 04.30 pm on 15.01.2022 through offline mode.

All the students are instructed to attend the same without fail and get benefited.

Activity Coordinator

HoD /Food

Head of the Department
Department of Food Technology,
Excel Engineering College,
Namakkal District - 638 183.

Copy To:

1. Circulation among the students
2. Notice Board
3. Office Copy



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KOMARAPALAYAM - 637303



Department of Food technology

“WOMEN'S HEALTH AND NUTRITION”

15 JANUARY 2022

Dr. N. MATHAN KARTHICK

Vice-Chairman, Excel Group Institutions

Will preside over the function

Dr. K. BOMMANNA RAJA

Principal, Excel Engineering College,
Executive Director, Excel Technical Campus

Has kindly consented to felicitate the function

Dr. S. ANBUKARUPPUSAMY

Director Administration, Excel Technical Campus

Has kindly consented to offer felicitate the function

Dr. C. KARTHIKEYANI

Director Academics, Excel Technical Campus
Has kindly consented to offer keynote the function

Dr. N. NATARAJAN

Professor & Head, Department of Mechanical Engineering

Will welcome the gathering

In the presence of

Staff Members and students of Excel Engineering College





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KOMARAPALAYAM - 637303

DEPARTMENT OF FOOD TECHNOLOGY

AGENDA

Prayer	:	BY EXCELLIANS
Welcome Address	:	Dr. N. NATARAJAN HoD/Mechanical, Excel Engineering College
Presidential Address	:	Dr. N. MATHAN KARTHICK Vice Chairman, Excel Group Institutions
Felicitation Address	:	Dr. K. BOMMANNA RAJA Principal, Excel Engineering College, Executive Director, Excel Technical Campus
Felicitation Address	:	Dr. S. ANBUKARUPPUSAMY Director Administration, Excel Technical Campus
Key note Address	:	Dr. C. KARTHIKEYANI Director Academics, Excel Technical Campus
Vote of Thanks	:	Mr.K.ARULKUMAR Assistant Professor, Department of Mechanical Engineering

NATIONAL ANTHEM

**EXCEL ENGINEERING COLLEGE
FOOD TECHNOLOGY
ACTIVITY REPORT – 22.01.2022**

Name of the Event	Activity
Event Timing	Morning : 10.00am - 12.30pm
	Afternoon : 1.30pm - 4.30pm
Date	22.01.2022
Department	Food Technology
Year & Sem	I & I, II & 3, III & 5
Name of the topic	Awareness programme on "Women's health and nutrition "
Name of the Organizer	Ms. E Nivetha

Sl.NO	Year Attended	No of students attended
1.	II	05
2.	III	07
3.	IV	06
	Total	18

Summary

Today we engaged in a **Awareness programme on " Women's health and nutrition "** for students and faculty members in activity session for full day (morning & afternoon).

The overall purpose of this session is to know the competencies have been further developed in reducing maternal and infant mortality and morbidity and promoting family planning; and, leadership competencies and skills have been further developed as a basis for strengthening maternal and infant health and promoting family planning.



Activity Coordinator

HOD

Head of the Department
 Department of Food Technology,
 Excel Engineering College,
 Namakkal District - 638 183.

Academic Director/EEC



Permission Letter

Date: 19 / 01 /2022

Place: Komarapalayam

From

E. NIVETHA
Assistant Professor,
Department of Food Technology,
Excel Engineering College (Autonomous),
Komarapalayam.

To

The Principal ,
Excel Engineering College (Autonomous),
Komarapalayam.

Sir

Subject: Seeking permission to organize awareness programme on “Micronutrient Supplementation”- reg

Sir, I would like to organize awareness programme on “**Micronutrient Supplementation**” for Food Technology students and faculty members on 22th January 2022, so that I kindly request you to do the needful for flawless conduction of the events.

Thank you

Yours truly



Head / Food Tech



Activity Coordinator

Head of the Department
Department of Food Technology,
Excel Engineering College,
Namakkal District - 638 183.



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KOMARAPALAYAM NAMAKKAL - 637303

Department of Food Technology

CIRCULAR

19.01.2022

Attention: Students of Food Technology Department

This is to inform you that our Department of Food Technology organizing awareness programme on “Micronutrient Supplementation” At 10.00 am to 04.30 pm on 22.01.2022 through offline mode.

All the students are instructed to attend the same without fail and get benefited.

Activity Coordinator

HoD /Food

Head of the Department
Department of Food Technology,
Excel Engineering College,
Namakkal District - 638 183.

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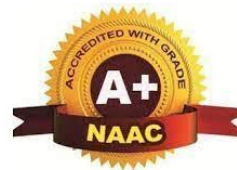
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Recognized by UGC (2f&12B)

Date

22.01.2022

Time

10.00 a.m.



B.E. - AERO,
MECH, CSE,
ECE

DEPARTMENT OF FOOD TECHNOLOGY

“AWARENESS PROGRAM ON MICRONUTRIENTS SUPPLEMENTATION ”



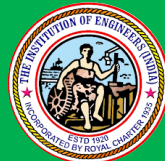
Dr. P. MUTHUSAMY

Prof. Dr. M P MURUGESAN

Program Co-Ordinator

Prof. E. NIVETHA
Activity Coordinator

Prof. Dr. P. MUTHUSAMY
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KOMARAPALAYAM - 637303



Department of Food technology

“MICRONUTRIENT SUPPLEMENTS”

22 JANUARY 2022

Dr. N. MATHAN KARTHICK

Vice-Chairman, Excel Group Institutions

Will preside over the function

Dr. K. BOMMANNA RAJA

Principal, Excel Engineering College,
Executive Director, Excel Technical Campus

Has kindly consented to felicitate the function

Dr. S. ANBUKARUPPUSAMY

Director Administration, Excel Technical Campus

Has kindly consented to offer felicitate the function

Dr. C. KARTHIKEYANI

Director Academics, Excel Technical Campus
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DEPARTMENT OF FOOD TECHNOLOGY

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Key note Address	:	Dr. C. KARTHIKEYANI Director Academics, Excel Technical Campus
Vote of Thanks	:	Mr.K.ARULKUMAR Assistant Professor, Department of Mechanical Engineering

NATIONAL ANTHEM

**EXCEL ENGINEERING COLLEGE
FOOD TECHNOLOGY
ACTIVITY REPORT – 15.01.2022**

Name of the Event	Activity
Event Timing	Morning : 10.00am - 12.30pm
	Afternoon : 1.30pm - 4.30pm
Date	15.01.2022
Department	Food Technology
Year & Sem	I & I, II & 3, III & 5
Name of the topic	Awareness programme on "Micro nutrient supplementation "
Name of the Organizer	Ms. E Nivetha

Sl.NO	Year Attended	No of students attended
1.	II	05
2.	III	07
3.	IV	06
	Total	18

Summary

Today we engaged in a **Awareness programme on "Micro nutrients supplementation"** for students and faculty members in activity session for full day (morning & afternoon).

In this session students will able to

- Describe the role of common vitamins and minerals in normal physiology and disease.
- Review the beneficial effects of vitamins and minerals supplements in the elderly.
- Identify the potential toxic effects of vitamins and minerals supplements in the elderly.



Activity Coordinator

HOD

Head of the Department
Department of Food Technology,
Excel Engineering College,
Namakkal District - 638 183.

Academic Director/EEC





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Department of Food technology



“THE SCIENCE BEHIND YOGA”

06th NOVEMBER 2021

Dr. N. MATHAN KARTHICK

Vice-Chairman, Excel Group Institutions

Will preside over the function

Dr. K. BOMMANNA RAJA

Principal, Excel Engineering College,
Executive Director, Excel Technical Campus
Has kindly consented to felicitate the function

Dr. S. ANBUKARUPPUSAMY

Director Administration, Excel Technical Campus
Has kindly consented to offer felicitate the function

Dr. C. KARTHIKEYANI

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Will welcome the gathering

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Key note Address	:	Dr. C. KARTHIKEYANI Director Academics, Excel Technical Campus
Vote of Thanks	:	Mr.K.ARULKUMAR Assistant Professor, Department of Mechanical Engineering

NATIONAL ANTHEM

**EXCEL ENGINEERING COLLEGE
FOOD TECHNOLOGY
ACTIVITY REPORT – 06.11.2021**

Name of the Event	Activity
Event Timing	Morning : 10.00am - 12.30pm
	Afternoon : 1.30pm - 4.30pm
Date	06.11.2021
Department	Food Technology
Year & Sem	I & I, II & 3, III & 5
Name of the topic	Awareness programme on "The science behind yoga"
Name of the Organizer	Ms. E Nivetha

Sl.NO	Year Attended	No of students attended
1.	II	05
2.	III	07
3.	IV	06
	Total	18


Summary

Today we engaged in a **Awareness programme on " The science behind yoga"** for students and faculty members in activity session for full day (morning & afternoon).

Yoga is a spiritual discipline dating back to some 5000 years in the history of Indian philosophy, its purpose, mainly to unleash spiritual and mental powers of an individual .Apart from the spiritual aspects, the physiological benefits acquired from yoga have recently had radical scientific understandings behind its workings. It is also moderate the surge and the production of chemicals in the body that affect us mentally. physically as well as psychosomatically. So, let's understand the science behind yoga that makes it so useful!



Activity Coordinator



HOD

Head of the Department
Department of Food Technology,
Excel Engineering College,
Namakkal District - 638 183.



Academic Director/EEC





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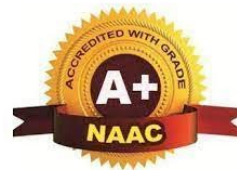
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Date

06.11.2021

Time

10.00 a.m.



B.E. - AERO,
MECH, CSE,
ECE

DEPARTMENT OF FOOD TECHNOLOGY

“AWARENESS PROGRAM ON THE SCIENCE BEHIND YOGA”



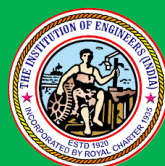
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Department of Food Technology

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NAAC Accreditation Academic Year – 2021-22

Food Technology

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2	Micronutrient supplementation	Excel Engineering College	56	Awareness Program	22.01.2022	
3	The science behind Yoga	Excel Engineering College	58	Awareness Program	06.11.2021	

Faculty In charge

HOD

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Department of Food Technology,
Excel Engineering College,
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IQAC